



A STRUCTURED AND PURPOSEFUL GAP

DISCOVER YEAR

Discover Year is an innovative one-year life skills program that helps young adults better understand what they want in life, and build the skills they need to go out and get it.



SKILLS WORKSHOPS

Dynamic and interactive education with small-group discussions



WORK TERMS

Two 5-month work terms to develop crucial professional and personal skills



TRAVEL AND EXPLORATION

One month of self-directed cultural exploration anywhere in the world



COACHING & MENTORSHIP

One-on-one coaching and the chance to learn from over 100+ diverse mentors



COMMUNITY SERVICE

Community service projects to support causes that are important to students

Join us at our next event!

Scan the QR code to learn more about Discover Year and register for one of our information sessions.

www.discoveryyear.ca | admin@discoveryyear.ca

