

TIME TO TALK

Quick Access Service –
a mental health clinic
for people under age 18,
and their families

1

Call **Contact Hamilton**

905-570-8888

for info and/or referral, then:



2

 Come to a therapy session
at **Child & Adolescent Services**

You can either:



Book a session

905-546-2424

ext. 3678

OR

Just walk in

100 Main St. E.

Suite 220, Hamilton



No cost

No health
card

Confidential

Tuesday
8:30am
to noon

Wednesday
1 pm to
6 pm

Thursday
8:30am
to noon



Hamilton

in Partnership with

Contact HAMILTON
For Children's and Developmental Services
pour les services à l'enfance et à l'adaptation

No Cost

No Health Card

No Appointment Needed

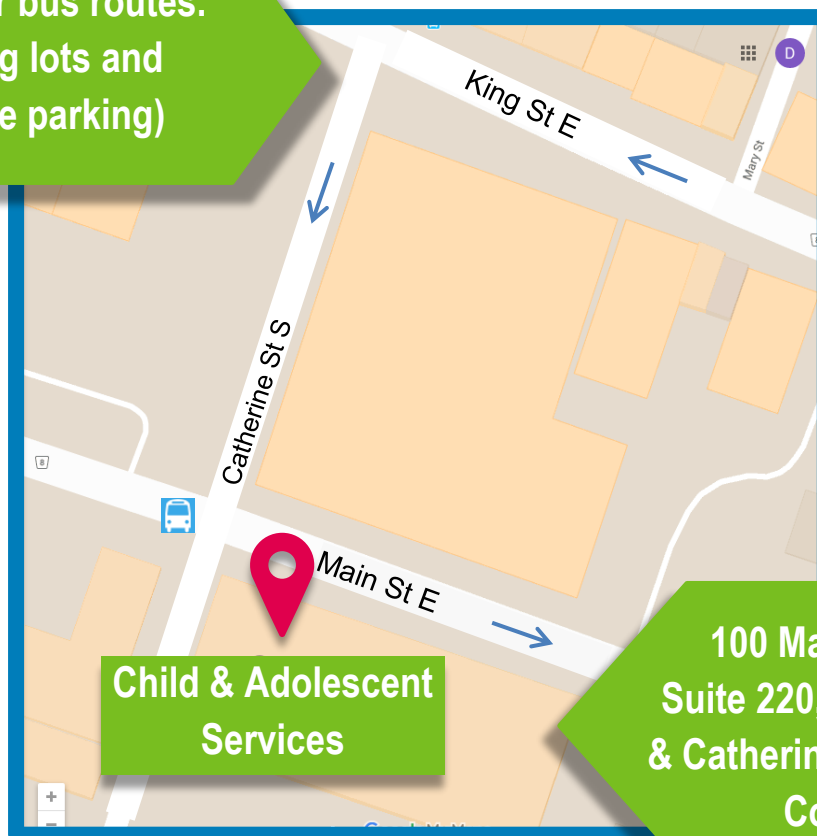
Confidential

One therapy session may be enough to help you begin to get back on track. By the end of the session, you will have a plan that makes sense for you. This may include referrals to other programs and services.

We invite caregivers and other supportive people to attend with the child or youth who has been referred for services. Some youth may choose to come here on their own. We suggest planning for a visit that will last approximately two hours.

Please let us know ahead of time if you would like cultural interpretation and/or translation services.

Close to major bus routes.
Nearby parking lots and
meters (no free parking)



100 Main St. E., 2nd Floor,
Suite 220, (SE corner of Main
& Catherine St. S.) Please use
Commercial Entrance



Hamilton

in Partnership with

Contact HAMILTON
For Children's and Developmental Services
pour les services à l'enfance et à l'adaptation