

* Return forms by:
Thurs. Jan. 22



Rockton Elementary School

PROUD SCHOOL OF HAMILTON-WENTWORTH DISTRICT SCHOOL BOARD

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Phone: 289.345.4555

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www.hwdsb.on.ca/rockton

January 16, 2026

Dear Parents/Guardians,

We are thrilled to announce that **Chef à l'École** will be coming to Rockton for Grade 7 and 8 students on **Monday, February 2nd, 2026** (in the library).

The Chef à l'École program is an interactive hands-on experience which will ignite a love for learning the French language while supporting curriculum goals. Students will expand on their current French vocabulary while preparing a French pastry recipe and listening to a French cultural story. They will also be introduced to French Canadian music, enjoy playing the spoons and delight in eating their own creations. Please return all forms to Mme Prentice by: **Thursday, Jan. 22nd**

Volunteers:

They have requested *1-2 parent volunteers for each session*. French is not required for volunteers! Volunteers may choose a specific session or the whole day (see below schedule). Tasks include assisting students with measuring ingredients, mixing ingredients, and baking small batches in the staff-room oven.

Allergies:

A letter from Chef à l'École regarding allergies is attached. Please complete as soon as possible and return to Mme Prentice, so I can notify the Chef (to have alternative arrangements if needed).

Schedule: (Each session is 90 mins in length)

(9:45am – 11:25am) - **7A - Mr. Movre**

(11:25am – 11:45am) - Chef's Lunch Break

(11:45am – 1:25pm) - **7/8A - Mrs. Burgess-Hertner**

(1:25pm – 3:05pm) - **8A - Mr. Stewart**

Merci beaucoup,

Mme Prentice

Email: lprentic@hwdsb.on.ca

Tel: 289.345.4555 Ext. 5725

HWDSB
BE YOU. BE EXCELLENT.

* Need to complete

* Return forms by Thursday, Jan.!



Food Information Form Pets de Soeurs Recipe

*** This form must be returned for students to participate ***

* Student's Name: _____ Class : _____

* Parent or Guardian Signature _____

My child has no food allergies or dietary restrictions.

My child has special dietary restrictions:

My child has a food allergy:

Ingredients to be used during session:

Check the boxes of any foods your child is allergic to or may not consume. If your child has any other dietary restrictions, please indicate above.

all-purpose flour

apple

vegetable shortening (Crisco)

brown sugar

white sugar

butter

salt

cinnamon

egg

vinegar

"crème fouettée" (whipping cream sour cream white sugar) - optional

PC Mulled Apple Tea (cinnamon bark, dehydrated apple granules, natural flavour, hibiscus flowers, spices, orange leaves, orange peel, roasted chicory root, licorice root, citric acid) sweetened with pure honey - optional

*We use commercially packaged ingredients and are unable to fully guarantee there is no cross contamination within their facility. We use substitute ingredients for gluten, dairy, egg and vegan allergies/dietary restrictions. Feel free to contact us should you require further information
Participation in the program is in no way impacted if students decide to not eat the finished treat.

My child will participate but not eat the finished product.

info@chefalecole.ca • chefalecole.ca • @Chefalecole

* Need to complete

* Return forms by: Thursday, Jan. 22



Permission and Volunteer Form

Chef à l'École will ignite a love for learning the French language while supporting your curriculum goals. Our program is an interactive hands-on experience.

Students will expand on their current French vocabulary while preparing a French pastry recipe and listening to a French cultural story. They will also be introduced to French Canadian music, enjoy playing the spoons and delight in eating their own creations.

We look forward to visiting your school on Monday, Feb. 2nd

We will need volunteers to assist with our in-school field trip. French is not required for volunteers! Please indicate below if you're available to assist for our event.

The cost for this event is \$ ~~0~~ per student. Cost includes all of the required ingredients and supplies for the session.

Volunteers are required for the event as follows: gr 1-5: 4 volunteers, gr 6-8: 2 volunteers, high school: none.

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* • My child has permission to participate in this event provided by Chef à l'École.

• I am available to volunteer for: ___ Full day or ___ Half day or ___ Session
(Volunteer Name: _____)

* Student's Name: _____ * Date: _____

* Parent/Guardian Signature: _____ * Phone: _____