

1. Water
2. Food
3. Shelter
4. Safety
5. Freedom
6. Healthcare
7. Education
8. Employment
9. Entertainment
10. Social Life

What do we require to live our lives? (We cannot live without)

What do we desire to have in our lives?

· healthy lifestyle · good jobs · pets
· own nice car.

How do we as Canadian citizens access the necessities to our life?

· education → gov't set up · grocery store.
· we pay for goods + services.
· indoor plumbing

How would you describe our Canadian
"Quality of Life?"

Quality of life is a person's general happiness or sense of being satisfied with everyday life. This is measured by our basic needs

We can check our sense of satisfaction by asking questions related to the **physical, economic, social, and emotional** aspects of our life:

Do I have access to food, safe drinking water, shelter, and healthcare? **(physical)**;

Do I earn enough money to live well? Do I have access to education? **(economic)**;

Do I have family and friends, and time for play? **(social)**;

Do I feel happy and safe? **(emotional)**.

In groups, you are going to assess a the quality of life based on 4 different countries around the world. Decide how you would rank their quality of life and what factors you think are important in your decision?



What do you notice when you see this image?

I see	I think	I wonder



Where might we see something like this in our world?



Arun lives in Cambodia with his aunt, cousin, and sister in a village of about 150 people. They live in a wooden house on concrete stilts. They do not have electricity or running water. They collect rainwater, and Arun's sister carries home buckets of water from the closest river. They boil the water for drinking. They grow most of their own food, such as rice and vegetables, and they have chickens and ducks. Arun works

with his aunt in the salt field, raking salt crystals.

They have to walk seven kilometres to the nearest medical clinic in the local town if they get sick.

There is no school in the village, and even if there were one, Arun's family would not be able to afford the fees. Arun hopes to learn to read one day so that he can learn more about the world around him and have the opportunity to choose a career he likes.

Sarai lives in Bolivia. Her family had to leave their village and come to the city because her parents could not make a living on their small farm. They live in a small one-bedroom apartment. Now Sarai goes to school in the mornings. After school, Sarai works in her uncle's small store. Her brother works too. He collects fares on a mini-bus. Sarai and her brother need to work because their parents often cannot find work. Their ancestors are Quechua, one of the Indigenous peoples of this area. Most business and factory owners will only hire people with European backgrounds. Together, the family earns just enough to pay the rent and buy limited food. Sarai hopes to be able to afford her own apartment someday.



Magda and her mother live in a small house in Romania. The healthcare system in Romania is poor, and wages are low compared with wages in other countries. Women sometimes have difficulty getting work in Romania, but Magda's mother has a good office job in the town. Magda studies hard and sits at the front of the class to pay close attention.

She asks her teacher for extra homework, and she wants to take computer courses next summer. She plans to stay in school until she can get her medical degree. Then she hopes to work in another country, where she can earn a higher income than she could earn here.





New Zealand



Samuel lives with his parents in New Zealand near the coast. On weekends, he plays sports and enjoys surfing at the beach. During the week, he attends the public school near his home. He and most of his friends will go on to university or college after high school. There is little unemployment in the country, so they expect to find jobs easily or start their own businesses after they graduate. Samuel hopes to do some travelling before he looks for full-time employment. New Zealand has good, reliable services, such as healthcare and policing, and has a tolerance for people's differences.

