Communication Services



Practicing Speech Sounds With

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What to Expect:

- Improvement in speech takes time and practice!
- Your child should be able to say the two sounds (i.e. S N) first, then say words with the S-blend in them, and then move to saying words with S-blends in sentences.
- After a lot of practice, you should begin to hear S-blend sounds in your child's everyday speaking.

When and How to Practice:

- The more often you practice the better!
- Practices should only last for 10 to 20 minutes.
- Colour the **Picture Cards** and pictures on the **Game Boards** as you say the words together; cut out the cards and play a game like 'Find two cards that are the same'; use the **Speech Games Calendar** activities for more practice ideas.
- Work practices into your daily activities, like finding S-blend words while reading or walking to school.
- Remember to **Praise** often and be specific, e.g., "That was a great **S-blend** sound!" or "You really tried hard on that one."

How to Get Started and Tips for Making S-blend Sounds: Step 1:

- Tell your child that you will be practicing making S-blend sounds which is like a quiet snake sound followed by another sound.
- Have your child watch your face while you make the sound, exaggerating smiling lips and teeth together.
- Have your child use a mirror to watch for the lip position while practicing the quiet snake sound of "sssssss", followed by the second sound.

Step 2:

- Have your child say some of the words on the picture cards.
- Move to playing games or using the Speech Games Calendar activities to practice saying the words with **S-blend** sounds at the beginning of the word.
- Once this has been achieved, move to saying the words with S-blend sounds at the end of word, and then words with S-blend sounds in the middle of the word.

Step 3:

- Now that your child can easily make S-blend sounds in words, practice using the words in sentences.
- You can use the same activities you used in Step 2 and 3, but have your child make sentences like, "I have two **sm**elly socks ." or "I really like to **swing**."

Step 4:

 After lots of practice with Steps 2-4, your child will finally be ready to use **S-blend** sounds in daily

		✓ \	ep 3:	Use the sound in
	S	itep 2:	Use the sound in	Daily Talking
S	tep 1:	Use the sound in	Sentences	
	Make the Sound	Words		

Step 4:



talking.

If your child has trouble saying a word, try these cues:

- Say the instructions for making the sound, as in "watch my lips smile and sound like "SSSSS-tar". Look for the little word, as in say "tar" and then add the 'sss' sound for "SSStar".
- Put extra stress on your sound. For example, say SSS-Tar and really say the S-blend sounds loudly.
- Be specific when correcting your child, e.g. "Good try but you forgot one sound in that word. I heard "sar" and not "star" (or "tar" and not "star"). Let's try again".
- Take a break when your child needs it.

Free on-line Resources for Speech Sounds and Literacy:

- Go to Starfall.com. Click on the ABCs section and choose the letter for your child's sound.
- Google Hamilton Public Library Tumblebooks for animated books, stories and activities. Your child can look at these books on their own and with you. Your child may also talk about the pictures in the story for more speech sound practice. Look for these book titles: "Sink or Swim"; "Stella the Star"; "Stephanie's Ponytail".
- Computer apps, websites, and online videos can make learning fun and engaging but do not replace the guidance of parents and professionals. Your encouragement and support will be the best way to help your child improve.



Speech practice

is fun!

Have fun and remember change takes time and practice!

Private Speech-Language Services in Your Community

Private speech and language services may be an option you would like to consider for your child. If you have extended health care benefits at work, you may want to check to see if you have coverage for speech and language services. Please let your school Speech-Language Pathologist know if you pursue private services as it is helpful to coordinate services provided by more than one Speech-Language Pathologist. Information regarding private Speech-Language Pathologists may be obtained through the following sources:

The Ontario Association of Speech-Language Pathologists and Audiologists (OSLA)
1-877-740-6069
www.osla.on.ca (Find a Practitioner)

Special Instructions for your child:

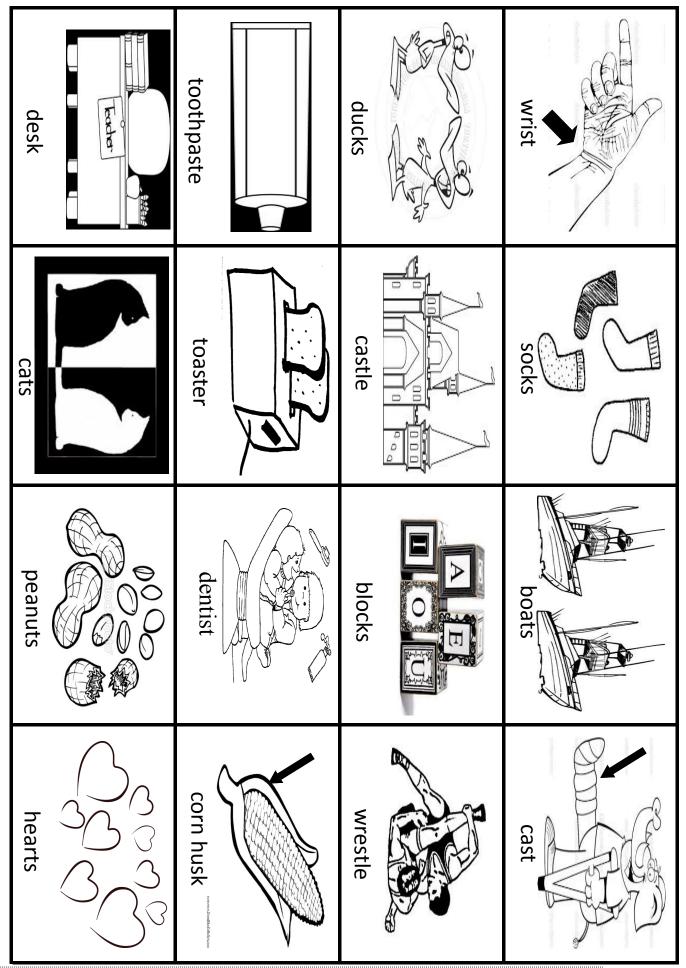
If you have any questions, please call your school Speech-Language Pathologist:

(905) 527-5092, ext.

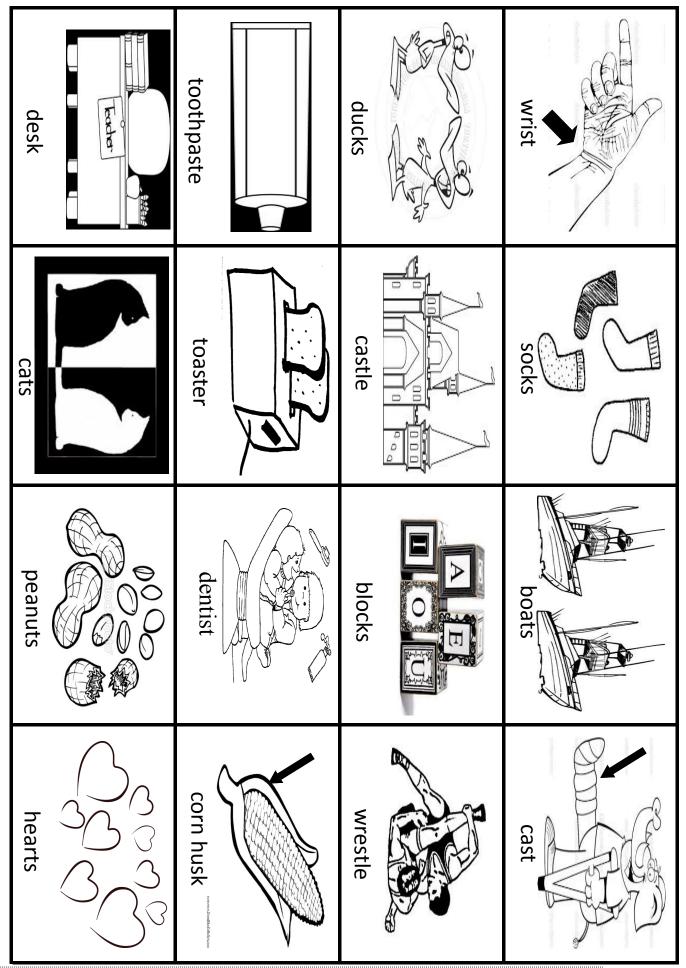
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star	Slide	scarf	swing

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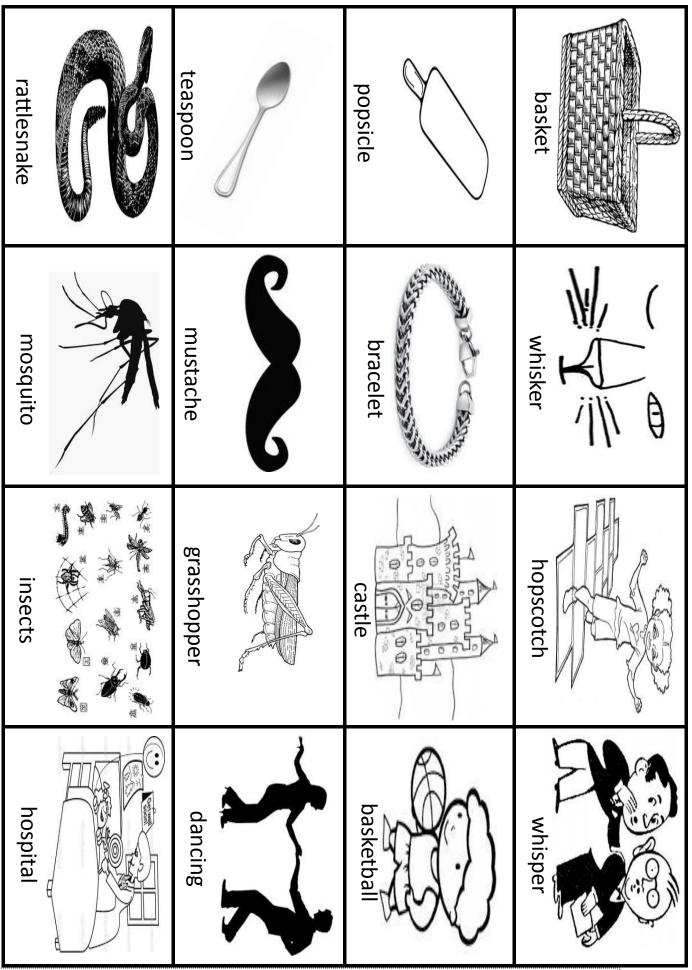
Picture cards for S-Blends—at the end of a word



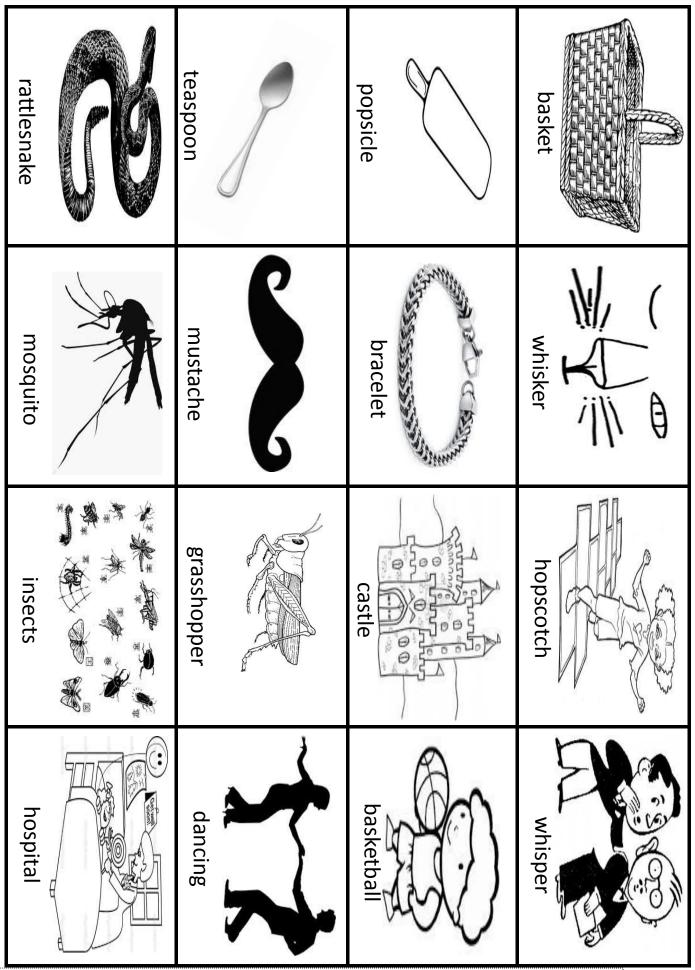
Picture cards for S-Blends—at the end of a word



Picture cards for S-Blends—in the middle of a word



Picture cards for S-Blends—in the middle of a word

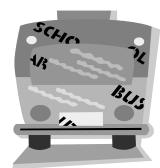


Game Board for S-blends at the Beginning of Words



School Bus

Have fun practicing your **S-blends** while playing *School Bus*. Flip a coin to move 1 (heads) or 2 (tails) spaces. Say the **S-blend** word as you land on each space.





Kicks and Nicks!

Have fun practicing words with S-blends at the end by playing *Kicks and Nicks!* with a partner. Flip a coin to move 1 (heads) or 2 (tails) spaces. Say the **S-blend** word as you land on each space.



START























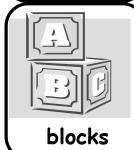


















Game Board for S-blends in the Middle of Words

START

Net the Basketball

Have fun practicing words with **S-blends** in the middle of words by playing *Net the Basketball* with a partner. Flip a coin to move 1 (heads) or 2 (tails) spaces. Say the **S-blend** word as you land on each space.











































HWDSB Home Program f	Clip your sound cards on clothespins. Line them up like bowling pins. Roll a ball and name the card that is knocked down.	Name 2 or more pictures from your sound cards and get a sticker or stamp for each.	Go on a treasure hunt for objects with your sound. Name each object you find.	Make a road using your sound cards. Name each word as you drive over it with a toy car.	Put your sound cards on the floor. Hop to each card and say the word.	Look at pictures in a book. Name pictures that start with your sound.	Put paperclips on your sound cards and place them on the table or floor. Use a magnet to lift them up. Name the card you lift up.
or S Blends Sound	Choose a magic word of the week with your sound. Pick a word you would use often. Practice it throughout the week.	Tape pictures of words with your sound to the bath-room mirror. Say each word 10 times before brushing your teeth.	Make a placemat. Draw pictures with your sound on it. Before leaving the table, name all of the pictures.	Play a matching game with pairs of sound cards. Mix them up and put them face down on a table. Take turns choosing and naming 2 cards as you find the matched pairs.	Make a doorknob hanger using a piece of paper with a hole cut in it. Glue pictures with your sound on the paper. Hang it on the door. Say the words when you walk by.	While at the park or on a walk, name things that start with your sound.	Call a friend or family member. Tell them your sound and say ten words with your sound.
	Take turns saying the words on your sound cards. Give your child a puzzle piece, for each word named and finish the puzzle.	Place your sound cards around a room and turn off the lights. Use a flashlight to find the cards and name them.	At the grocery store, name all the foods with your sound.	Play 'Go Fish' or 'Memory' using pairs of your sound cards.	Play a listening game on the way to school. Say a word and ask your child if it started with his/her sound.	Create a 'Sound Box'. Find objects in your house that start with your sound. Say the words and fill the box.	While making a meal, name foods or things in the kitchen that start with your sound.
	Read a book together and help your child find words starting with your sound.	Play Tic-tac-toe with a partner using your sound cards. Place cards in a grid of 9 pictures. Use chips to mark your spot.	Cut out pictures in a flyer that start with your sound and name them.	Put sound cards in a bag. Have your child close his/her eyes, pick a card, and name it.	Play catch or basketball. For each throw, say a word with your sound.	Play your favourite board game. Before each turn, name 2-3 of your sound cards.	While driving find things that start with your sound. Have a contest to see who can find the most.
	SATURDAY	FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY	SUNDAY
	m all!	what you like or try them all!		Pick and choose	Calendar — Pio	Games	Speech