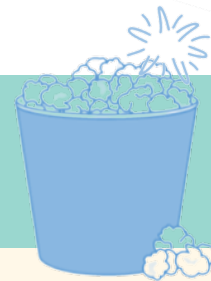


P

Popping Sound

(Lips pop open like popcorn popping)



HOW TO MAKE THE **P** SOUND

1. Press your lips together
2. Pop your lips open and let out a quiet puff of air ('PUH') with your voice turned 'off'



Practice Tips

- If you are having trouble closing your lips try gently bringing them together with your fingers to encourage proper placement
- Hold your hand in front of your mouth to feel the puff of air when you make your 'P' sound
- Use a mirror to watch your lips close

BOOKS THAT TARGET THE **P** SOUND

Books are great resources to support speech sound development. Not only are books a great way to improve speech and language development, they are also a fun way to engage and entertain your child.



If You Give a Pig a Pancake - By Laura Joffe Numeroffe

The Three Little Pigs - By Paul Galdone

Each Peach Pear Plum - By Janet and Allen Ahlberg

Curious George at the Pizza Party – By Margret Rey

Pizza Pat – By Rita Golden Gelman

Hop on Pop - By Dr Seuss

Ten Apples Up On Top - By Dr Seuss

Many books titles can be accessed electronically through resources such as the Hamilton Public Library (HPL.ca), TumbleBooksLibrary.com or YouTube.com

ACTIVITIES TO TARGET THE **P** SOUND

Hold a tissue in front of your mouth while you make the 'P' sound and make the tissue 'dance' by releasing puffs of air

Practice the 'P' sound in words while blowing bubbles (e.g., 'Pop', 'Up', 'Help', 'Open')



Learning Services:
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