

## **Jumping Sound**

(The tongue tip 'jumps' off the roof of the mouth)

#### HOW TO MAKE THE J SOUND

- 1. Round your lips and push them forward
  - 2. Keep your teeth slightly apart
- 3. Put your tongue tip on the bumpy part behind your top front teeth and the sides of your tongue touching the insides of your back teeth
  - 4. Release a noisy burst of air with your voice turned 'on'



### **Practice Tips**

- If you are having trouble rounding your lips try pushing them forward by placing your thumb and index finger on the outside corners of your mouth and bring them together as you say the 'J' sound
- Practice saying the 'CH' sound and turn your voice 'on'
- Place your hand gently on your throat to feel the vibration when you turn your voice 'on'

#### **BOOKS THAT TARGET THE J SOUND**

Books are great resources to support speech sound development. Not only are books a great way to improve speech and language development, they are also a fun way to engage and entertain your child.

Jack and the Beanstalk - By Stella Williams Nathan

Rumble in the Jungle - By Giles Andreae

Jump Frog Jump! - By Robert Kalan

Junk, Sweet Junk - By Molly Wigand

Oh No, George! – By Christ Haughton

The Complete Adventures of Curious George — By H.A. Rey

The Giant Jam Sandwich - By John Vernon Lord

Many books titles can be accessed electronically through resources such as the Hamilton Public Library (HPL.ca), TumbleBooksLibrary.com or YouTube.com

# ACTIVITY TO TARGET THE J SOUND

Jump while saying the 'J' sound and try to get your tongue tip to 'jump down' from the roof of your mouth

Learning Services:
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