

# **Gulping Sound**



(The sound comes from the back of the throat like a gulp of a drink)

#### HOW TO MAKE THE G SOUND

- 1. Open your mouth
- 2. Keep your tongue high in the back and low in the front with the tip down behind your bottom front teeth
- 3. Release a noisy burst of air with your voice turned 'on' and make the sound from the back of your throat



### **Practice Tips**

- Hold the tip of your tongue down with your finger or a popsicle stick
- Lie on your back and let gravity pull your tongue further up and back
- Place your hand gently on your throat to feel the vibration when you turn your voice 'on'

#### BOOKS THAT TARGET THE G SOUND

Books are great resources to support speech sound development. Not only are books a great way to improve speech and language development, they are also a fun way to engage and entertain your child.



The Day the Goose Got Loose - By Reeve Lindenbergh **Good Night Gorilla - By Peggy Rathman** Goodnight Moon – By Margaret Wise Brown My Gum Is Gone - By Richard Yurcheshen A Frog in a Bog - By Karma Wilson

Many books titles can be accessed electronically through resources such as the Hamilton Public Library (HPL.ca), TumbleBooksLibrary.com or YouTube.com

Big Egg – By Molly Coxe

## **ACTIVITIES TO TARGET** THE G SOUND

Imitate the baby sound 'GOO GOO GAGA'

Practice gargling water to feel and hear the sound coming from your throat



**Learning Services: Specialized Services Speech and Language Services** 

