

CH Train Sound

(Lips push forward 'Choo-Choo')

HOW TO MAKE THE CH SOUND

1. Round your lips and push them forward
2. Keep your teeth slightly apart
3. Put your tongue tip on the bumpy part behind your top front teeth and the sides of your tongue touching the insides of your back teeth
4. Release a burst of air with your voice turned 'off'



Practice Tips

- If you are having trouble rounding your lips, try pushing them forward by placing your thumb and index finger on the outside corners of your mouth and bring them together as you say the 'CH' sound
- Practice saying the 'T' sound immediately followed by the 'SH' sound (e.g., 'T'-SH') or say 2 words together quickly with the first word ending in 'T' sound and then the second word beginning with 'SH' sound and repeat (e.g., 'FaT SHoe- FaT SHoe- FaT SHoe')
- Use a mirror to watch your lips push forward

BOOKS THAT TARGET THE CH SOUND

Books are great resources to support speech sound development. Not only are books a great way to improve speech and language development, they are also a fun way to engage and entertain your child.



Cheer Up Chicken! - By Bob Hartman

Chicka Chicka Boom Boom - By Bill Martin Jr and John Archambault

Ah-Choo – By Christine Taylor-Butler

Chugga-Chugga Choo-Choo – By Kevin Lewis

Mac and Cheese – By Sarah Weeks

Itchy, Itchy Chicken Pox – By Grace MacCarone

Chicks and Chickens – By J. Lou Barnes

Many books titles can be accessed electronically through resources such as the Hamilton Public Library (HPL.ca), TumbleBooksLibrary.com or YouTube.com

ACTIVITIES TO TARGET

THE CH SOUND

Imitate the train sound

**'CHUGG-CHUGGA
CHOO-CHOO'**

Practice big silly sneezes

'AAAHH-CHOO'

Learning Services:

Specialized Services

Speech and Language Services

HWDSB