

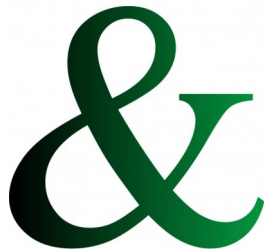
FOLLOWING 1 & 2-STEP DIRECTIONS

FOLLOWING 1 & 2-STEP

Cut apart cards and use with this or any other game board. Turn over 1 card and have adult read the directions before each turn. Follow the directions before you move.

Flip a coin to move 1 (heads) or 2 (tails) spaces.

Listen carefully with your



1-STEP DIRECTIONS

Touch your nose

Clap twice

Knock on the
table

Tell me your
favourite colour

Blow a kiss

Touch your foot

Touch your toes

Laugh

Pretend to sleep

Wiggle your
fingers

Touch your head

Stick your tongue
out

1-Step Directions

Touch your knee

Say your name

Bark like a dog

Pretend to swim

Point to the chair

Tell me your
favourite food

Wave your hands

Touch your ears

Smile

Cover your face

Stand up

Look at the
ceiling

1-Step Directions

Blink three times

Tell me how old
you are

Point to me

Wiggle your nose

Wink

Stomp your feet

Draw a circle

Look to your right

Wiggle your little
finger

Draw a smiley
face

Meow like a cat

Growl like a bear

1-Step Directions

Make a silly face

Say "Hello"

Point to the floor

Stand behind
your chair

Put your hands
behind your back

Show me your
right hand

Show me your left
hand

Walk backwards

Hop three times

Stand in front of
your chair

Stand beside me

Put your hands on
your head

2-STEP DIRECTIONS

Pretend to wash your face, then wave.	Clap, then knock on the table.	Touch your foot, then laugh.
Tell me your favourite food, then blow a kiss.	Pretend to sleep, then wiggle your fingers.	Touch your head, then stick your tongue out.
After you touch your knee, yell your name.	After you bark like a dog, pretend to swim.	After you point to a chair, say “Hello”.
Before you stand up, touch your head.	Before you tell me your favourite food, wave your hands.	Before you touch your ears, knock on the table.
Touch all of your fingers except one.	Cover your face except your nose.	When I stand up, you clap. (Child must wait until you stand.)
Laugh at the same time that you pretend to swim.	Look at the ceiling at the same time that you clap.	When I point to you, tell me how old you are. (Child must wait until you point)
If the light is on, wiggle your fingers.	If you are a girl, say “Hello”.	If we are outside, touch your nose.

A SPACE RACE
TO
FOLLOW
DIRECTIONS

