

1. Identify and manage emotions
2. Recognize sources of stress and cope with challenges
3. Maintain positive motivation and perseverance
4. build relationships and communicate effectively
5. Develop self-awareness and self-confidence
6. Think critically and creatively

SOCIAL
EMOTIONAL
SKILLS

SUPPORTING THE WHOLE STUDENT

1. Know your learner and have them know each other.
2. Check in Circles- Brag N Drag Circles
3. What are the needs of the learner?
5. Co-constructed lessons
6. Different Student Groupings- Team Shake

KNOWING THE
LEARNER
DIFFERENTIATED
INSTRUCTION

Holistic Learning

Self/Spirit
Cognitive
Emotional
Social
Physical

LEARNING
ENVIRONMENT

1. Safe, inclusive and accepting
2. All students need a caring adult
3. Student voice
4. Learners understand who they are and a sense of belonging.
- 5.