

Terry Fox



Terry Fox was born on July 28, 1958, in Winnipeg, Manitoba. He is well-known as a Canadian athlete and for his remarkable contributions as a cancer research activist.

In 1979, Terry Fox discovered that he had a cancerous tumour in his right leg. This eventually led to the amputation of his leg. At the time, he was only 18 years old. One year later, Terry began The Marathon of Hope, which was the start to what would become known as his greatest legacy.

The purpose of The Marathon of Hope was to raise money and awareness for cancer research. Terry's goal was to run across Canada using his artificial leg. He planned for the journey to begin in St. John's, Newfoundland and finish in Vancouver Island. At first, Terry wanted to fundraise 1 million dollars for cancer research. He later changed this goal to collecting one dollar for every person in Canada, which would be a total of 24 million dollars for cancer research.

Terry had a lot of support during his journey. To achieve his target, he had to run about a marathon (42 kilometres) each day. Unfortunately, on August 31, 1980, Terry had to stop running because the cancer spread to his lungs. He died on June 28, 1981, at 22 years old. Terry Fox's legacy continues today through the annual Terry Fox Run which is held on the second Sunday after Labour Day.