

Week of November 21st, 2022

Primary

Day of the Week: Monday

Let's Explore Literacy



Phonological Awareness

Can you think of rhyming words for the following words? Say these rhyming words out loud. Optional: Make a chart like you see below to sound out and write these rhyming words.

racoon	under	mall	snakes	light

Extension: What is something you are afraid of? Write 3-5 sentences and draw a picture.

Let's Explore Math



Adding and subtracting!

Number sentences show how numbers can go together to make a new number (e.g., $3+5=8$, $10-2=8$)

Create number sentences to make the following numbers:

9	8	15	5
$5+4$			
$10-1$			

Extension: Solve the following number sentences:

$$16-3= \quad 30-7=$$
$$20-5= \quad 38-10=$$

Let's Explore Art and Movement



Visual Arts

Some art is not permanent. It changes with the weather (e.g., ice or sand sculptures). What art have you seen or created that lasted for a short time? What could you create today that might not be there tomorrow, or in a few weeks? Try and create it!



Extension: On a piece of paper, draw a picture of the four seasons in Canada. Fold the paper in half two times so there are four sections. Draw an outdoor scene that shows the four seasons in Canada.

Day of the Week: Tuesday

Primary Activities

Let's Explore Literacy



Phonics

What sound does /ing/ say? What sound does /ight/ say? Say them out loud!

Create a chart and challenge yourself to make a list of words that start with ing, ight, Aim for 5-10 words in each column:

You can also complete this activity by speaking out loud.

Words that end with the sound...	
ing	ight

Extension: Pick a word from each column and put them into sentences.

Bonus: Look for these words in the books you read today.

Let's Explore Math



Measurement

How would the following actions be measured? In seconds, minutes, hours, or days?

- Counting to ten
- Brushing your teeth
- Reading a short picture book.
- Watching a tv show
- Playing at the park
- Sleeping
- Watching a movie

Extension:

Draw a clock. Show the following times on your clock.

2:30

5:30

10:00

1:00

7:00

8:30



Let's Explore Art and Movement



Movement

Set your device or stopwatch for one minute. Do the each of the following exercises for one minute. Be sure to slow down, take a break or grab a drink when you need to! It is important you listen to your body.

- Arm circles
- Jumping jacks
- Jog on the spot
- Skip on the spot or around a room.

Repeat these exercises 3 times each.

Day of the Week: Wednesday

Primary Activities

Let's Explore Literacy



Making Small Words Out of Big Words: Make the chart below and challenge yourself to make new words out of these bigger words.

recoiled	petrified	replacement	horrified
lie	pet	cat	hid

Extension: Put these words into sentences or draw pictures to show what these words mean.

Let's Explore Math



Patterning

Be a pattern detective! Walk around your home or outside. Do you see any patterns? Draw a picture of them or describe them.

Extension: Number patterns can change by getting bigger (increase) or getting smaller (decrease). How do these number patterns change?

E.g., 2, 4, 6, Answer: This number pattern goes up by two each time

- 3, 6, 9, 12, etc.
- 25, 20, 15, 10, etc.
- 100, 90, 80, 70, etc.

Let's Explore Art and Movement



Art-Nature Picasso



Using items from a park or outside, make a picture or a sculpture. You can stack items, arrange them on paper or trace them to make beautiful art. Make sure not to hurt any plants or wildlife, use what you can find on the ground!

Day of the Week: Thursday

Primary Activities

Let's Explore Literacy



Think about it Thursdays. Make a poster that shares information about something you love. For example: If you love nature, make a poster using pictures and words. If you love sports, make a poster using pictures and work.

Let's Explore Math



Numbers



Number detective! Using a hundreds chart, be a detective and find the following numbers:

E.g., I am bigger than 10. I am less than 20. I have five ones. Answer: 15

1. I am bigger than 20. I am less than 30. I have six ones.
2. I have two digits. I have 8 tens. I am one bigger than 85.
3. I have 5 tens. I am bigger than 56. I am less than 58.
4. I have three digits.

Extension:

Solve these questions:

$2 \times 3 =$

$10 \times 3 =$

$2 \times 4 =$

$3 \times 5 =$

$5 \times 5 =$

$5 \times 6 =$

Let's Explore Art and Movement



Jumping Joy!

Place 5 objects on the floor. Turn on your favourite song. Have fun jumping over these objects as you dance to your favourite song.

Extension: Talk a walk in your neighbourhood with an adult.

Day of the Week: Friday

Primary Activities

Let's Explore Literacy



Using the picture provided, share a story about what is happening in this picture with someone in your home. Use the following questions to add supporting details to your story: What/Who do you see? What happened before this picture was taken? What do you think will happen next?

Writers Workshop: On a piece of paper, write out the story that you just shared!

Writing Checklist:

When I am writing, I am working on...

- finger spaces between my words
- uppercase letters at the beginning of my sentence
- punctuation at the end of my sentence (e.g., !, ., ?)
- sounding out words I don't know how to spell
- spelling high frequency words correctly in my sentences (and, to, you, like, am, etc.)
- adding detail to my sentences

Let's Explore Math



Spatial Sense

Look at this picture. Answer the following questions:



How many circles are there? How many triangles? How many rectangles?

How many angles? How many sides? How many vertices?

What is the biggest shape you see? What is the smallest shape you see?

Extension: Draw a picture using only 2-D shapes?

Can you draw a 3-D shape? Can you list the names of 3-D shapes?

Let's Explore Art and Movement



Movement

Funky Friday Freeze dance!

Have an adult play music. Dance or move around the room and then freeze when the music stops. Can you dance really fast? Can you dance really slow?

Can you dance like a robot? What is your favourite dance move?

