

KITCHEN DRUMMING KARATE



SPOONS, STRAWS,
HANDS, TABLES,
OH MY!

KITCHEN DRUMMING KARATE

Designed during the Coronavirus pandemic of 2020, this was originally planned as a method for families to teach rhythm and music at home. Ideally using wooden or metal spoons on a covered tabletop, spoons should first be held like drumsticks, starting with a thumbs up grip, before turning the spoons to a palms down position to play gently on a covered surface. As a reminder, elbows should not be used, drumming technique starts in the wrist, so elbows should be held at the sides of the body, with the arms bent at about a 90 degree angle to play (more or less depending on table height). If it is too loud, then change the implement, this can be done with straws, plastic utensils or even fingers! Finally, remember these can be played slowly or quickly, and you should always start slowly, to learn the piece, then if you want to play it quickly to show off your skills, so long as you can play accurately, do so!

When working through the levels, it always is best to start slow, and establish the steady beat prior to playing. I recommend practicing each belt by saying the beats first using “ta” language, although there are other variations, so I have included pages both with the “ta” language and without so that the young musician and their family can choose what is best for their circumstance. The beat can also be counted as well, patted using the correct hand on the lap or on either side of the table or surface you are using before finally picking up the utensils and playing on the table (or other surface). It has been my experience that drumming also works very well for introducing students to solo and small ensemble playing, as kids are eager to show off their drumming skills! If you have multiple students or family members, you do not need to play the same belt at the same time – all of the belt patterns are four measures in length so that you can practice any or all of them together at the same time – see how they sound, or if you have a super musician, see if they can tap two patterns in two hands (or feet, or whatever)!

Stacey

KITCHEN DRUMMING KARATE

♩ = TA

♩ = QUARTER NOTE = 1 BEAT

♪ = TEE-TEE

(PRONOUNCED TEE-TEE)

♪ = TWO EIGHTH NOTES = 1 BEAT
OR 1/2 BEAT EACH

R = RIGHT

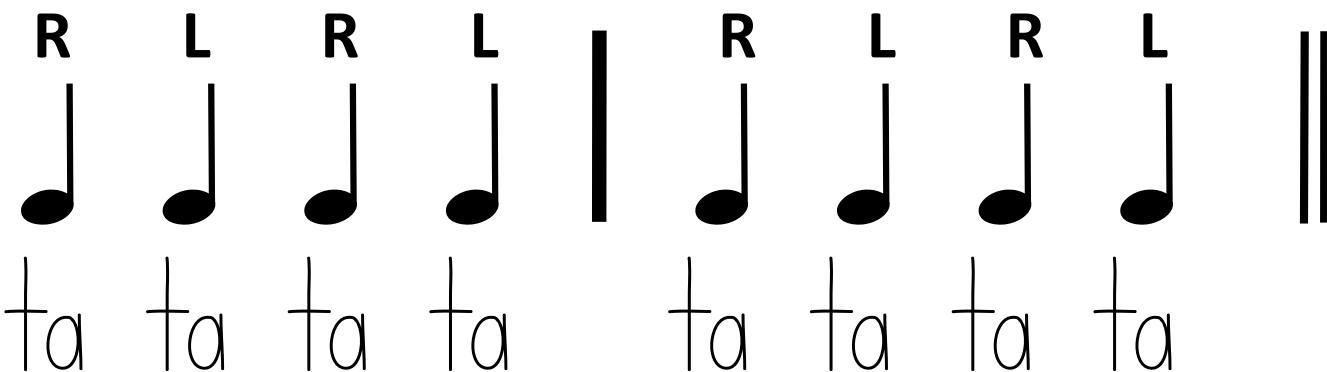
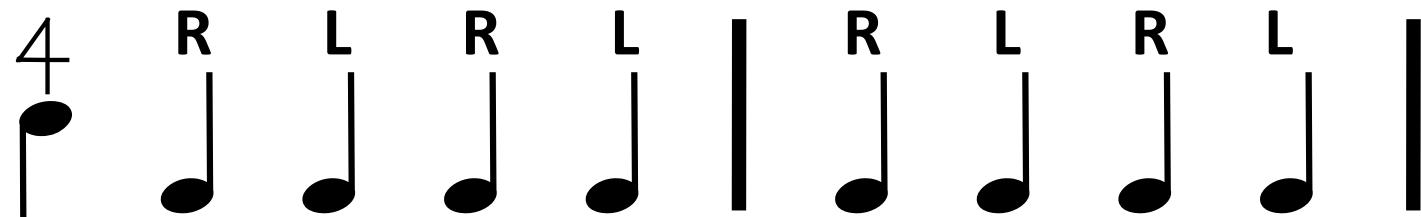
L = LEFT

(WHICH HAND TO USE)

**Note: For simplicity for the young musician and for their family who may be assisting them as they practice, I have chosen a simple right leading hand throughout this work.*

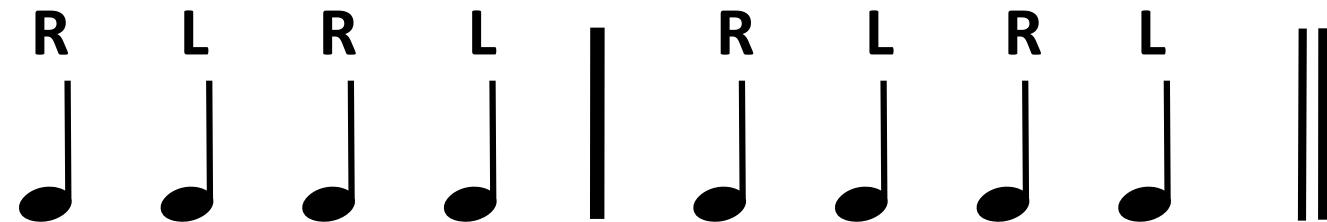
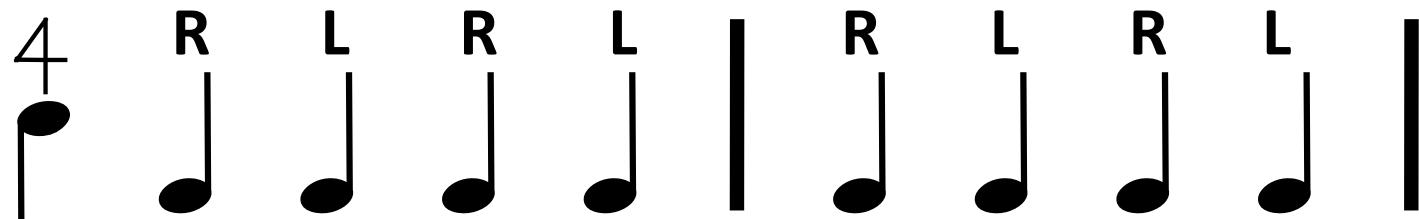
KITCHEN DRUMMING KARATE

Level 1 – White Belt



KITCHEN DRUMMING KARATE

Level 1 – White Belt

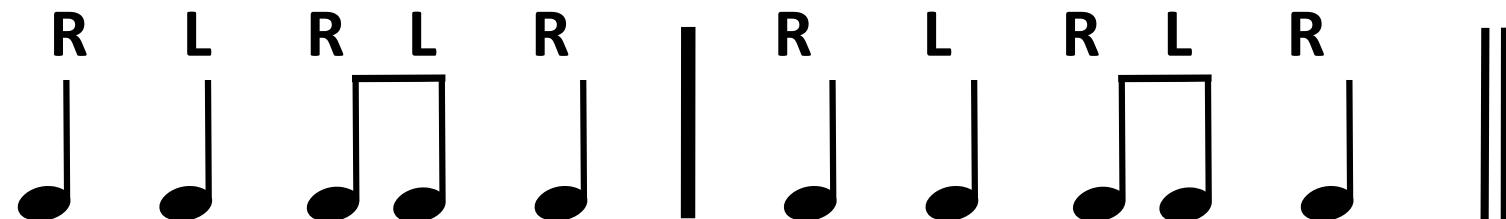


KITCHEN DRUMMING KARATE

Level 2 – Yellow Belt



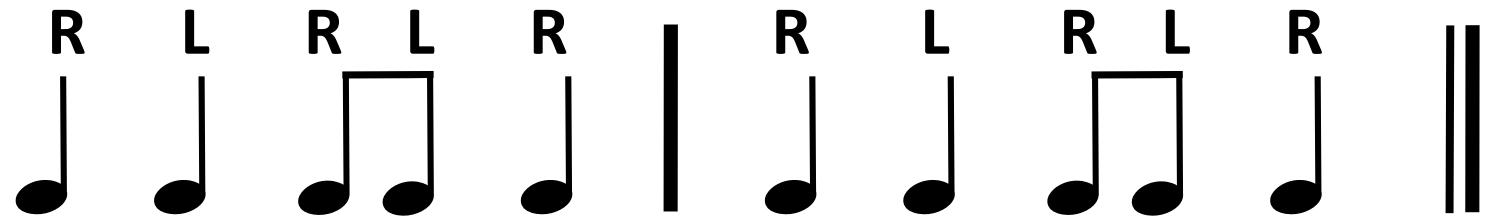
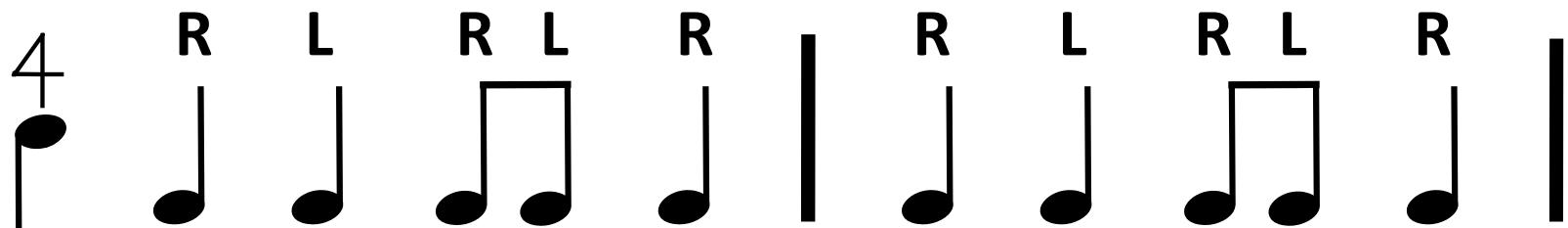
ta ta titi ta ta titi ta



ta ta titi ta ta titi ta

KITCHEN DRUMMING KARATE

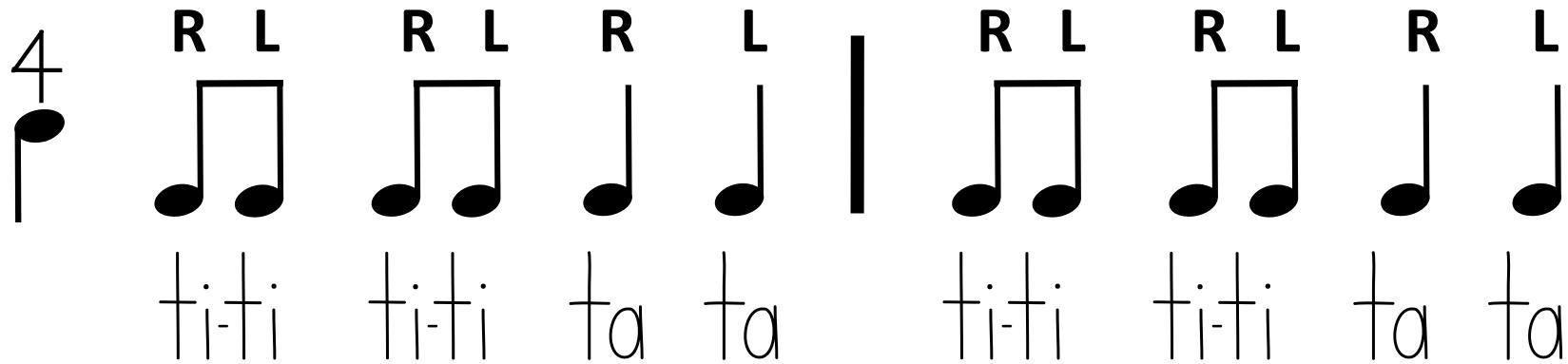
Level 2 – Yellow Belt



KITCHEN DRUMMING KARATE

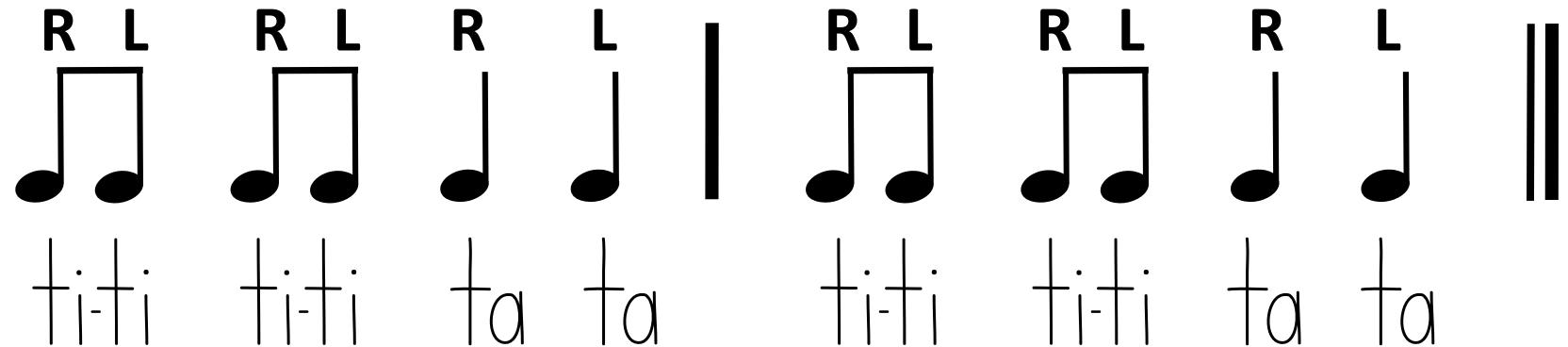
Level 3 – Orange Belt

4



R L R L R L | R L R L R L

titi titi ta ta titi titi ta ta

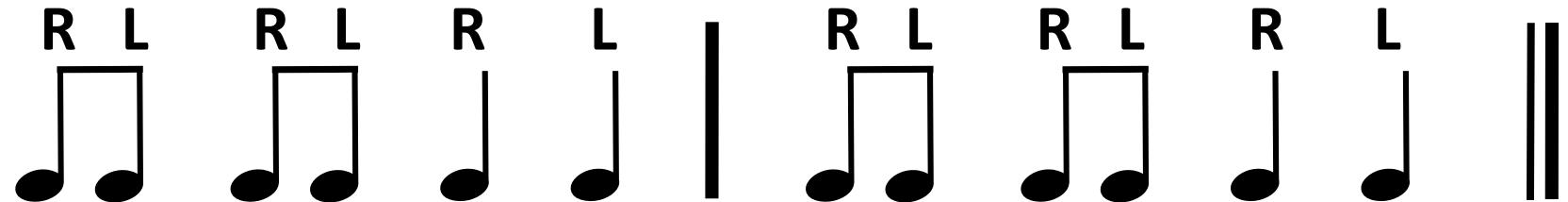
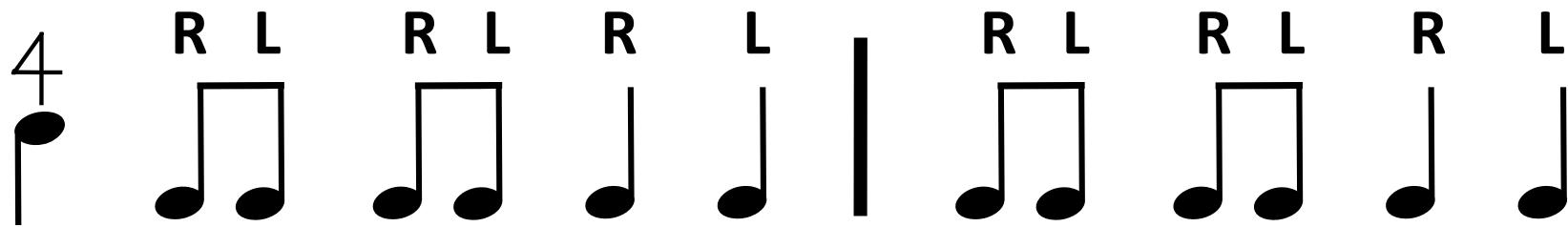


R L R L R L | R L R L R L

titi titi ta ta titi titi ta ta ||

KITCHEN DRUMMING KARATE

Level 3 – Orange Belt



KITCHEN DRUMMING KARATE

 = QUARTER NOTE REST

(SHH FOR 1 BEAT!)

KITCHEN DRUMMING KARATE

Level 4 – Green Belt

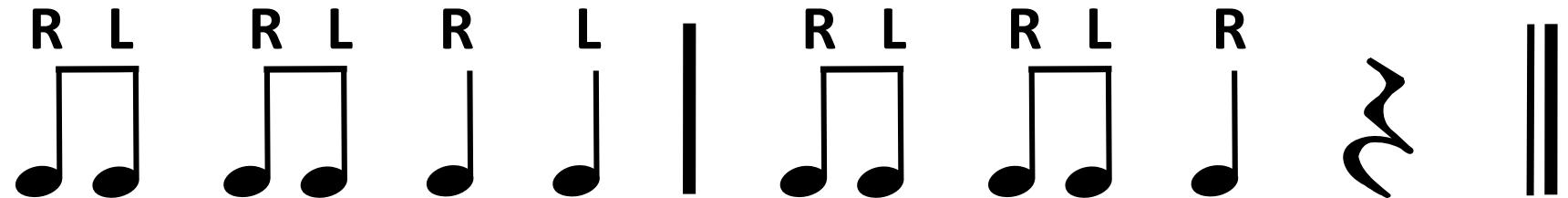
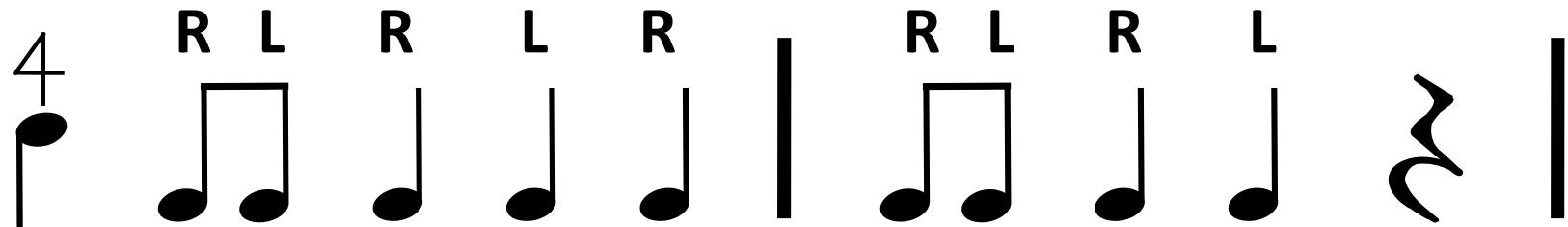
4

t-i-ti ta ta ta t-i-ti ta ta (shh!)

t-i-ti t-i-ti ta ta t-i-ti t-i-ti ta (shh!)

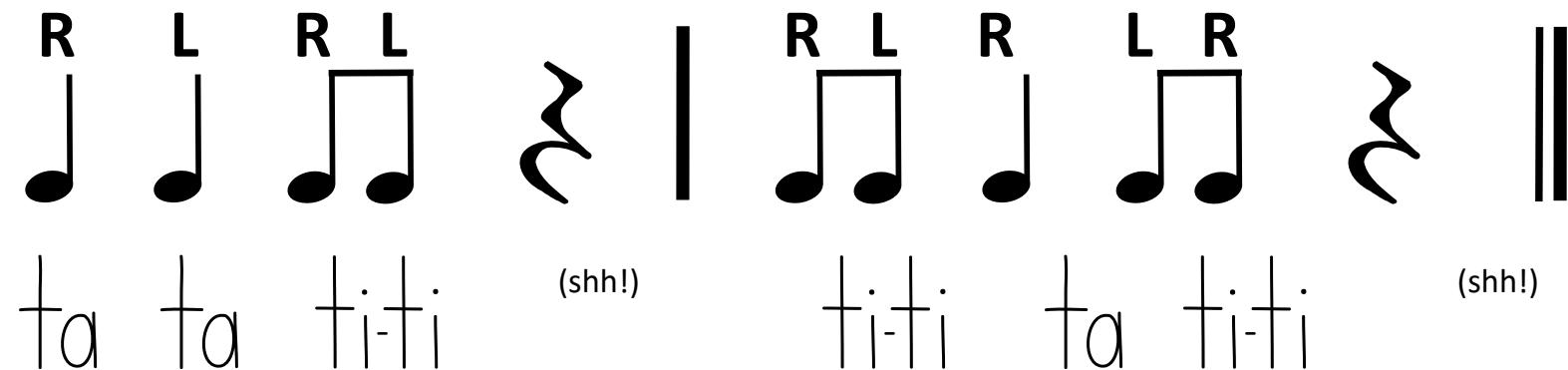
KITCHEN DRUMMING KARATE

Level 4 – Green Belt



KITCHEN DRUMMING KARATE

Level 5 – Blue Belt



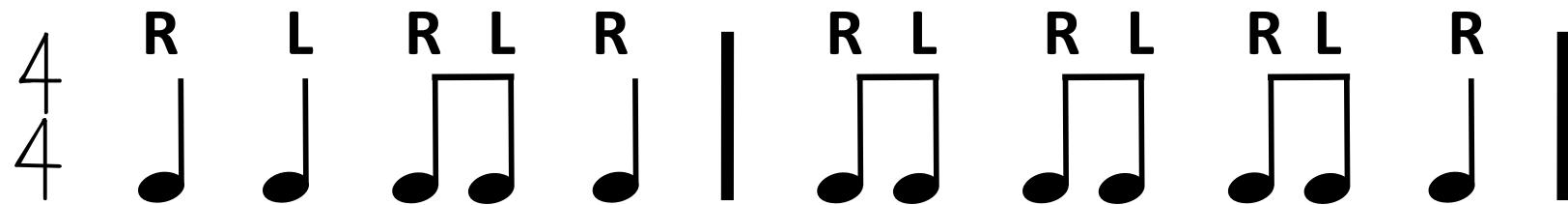
KITCHEN DRUMMING KARATE

Level 5 – Blue Belt

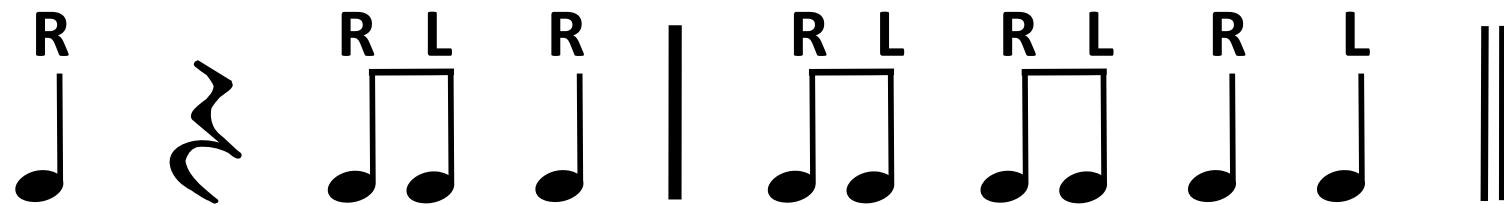
A musical score for a single player on a single staff. The score consists of two measures separated by a bar line. The first measure contains four notes: a 'R' note, a 'L' note, a 'R' note with a 'L' below it, and a wavy line note. The second measure contains four notes: a 'R' note, a 'L' note, a 'R' note, and a 'L' note with a 'R' below it. The score concludes with a double bar line.

KITCHEN DRUMMING KARATE

Level 6 - Purple Belt



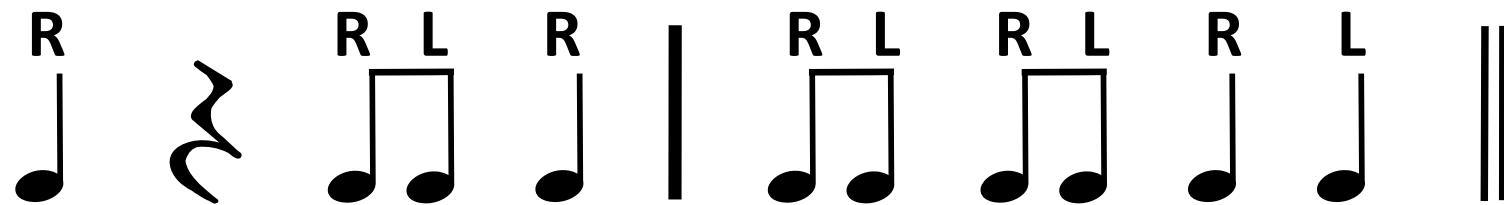
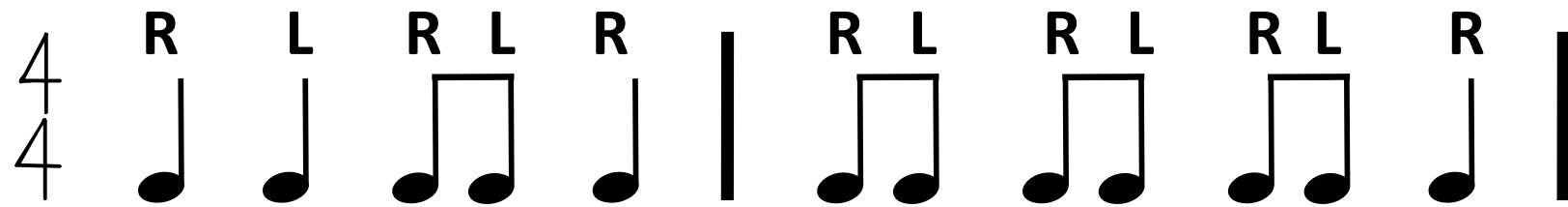
ta ta titi ta titi titi titi ta



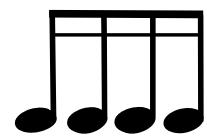
ta (shh!) titi ta titi titi ta ta

KITCHEN DRUMMING KARATE

Level 6 - Purple Belt

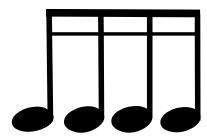


KITCHEN DRUMMING KARATE



SIXTEENTH NOTES

TICKA-TICKA (“TICK-AH TICK-AH”)

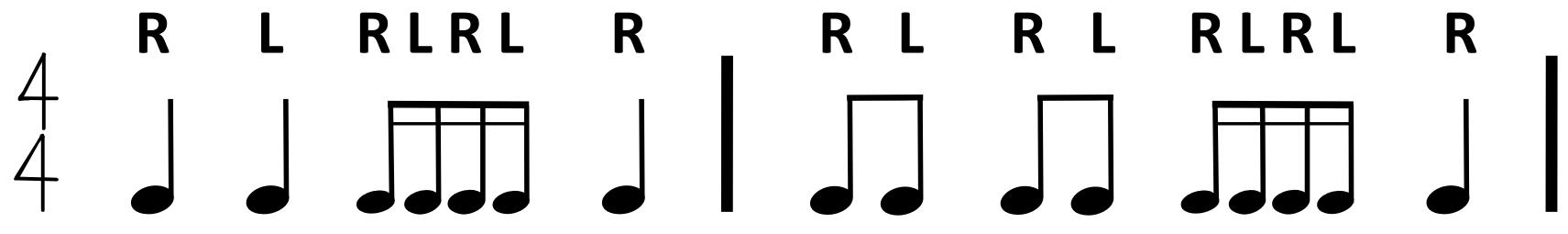


1 BEAT

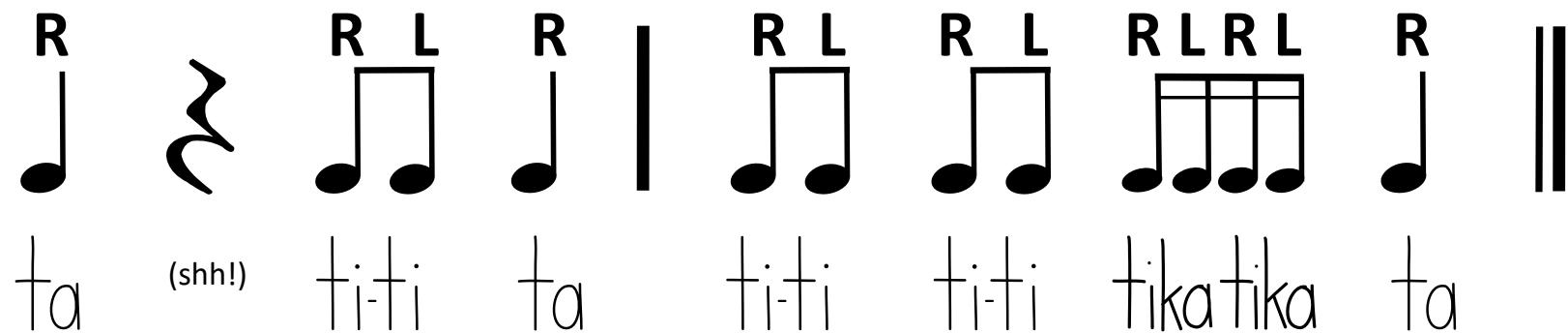
OR 1/4 BEAT EACH

KITCHEN DRUMMING KARATE

Level 7 – Black Belt



ta ta tikatika ta titi titi tikatika ta

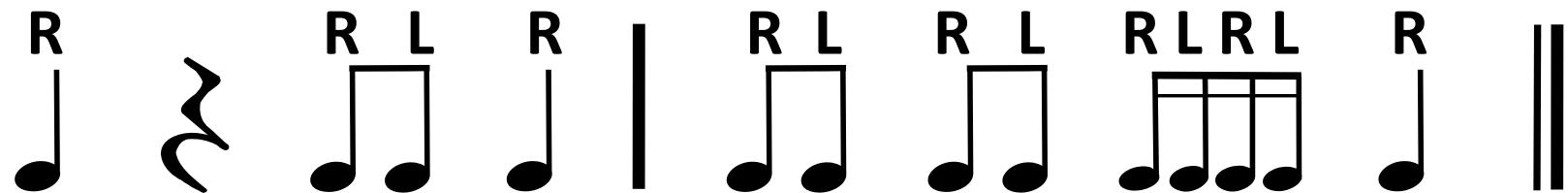
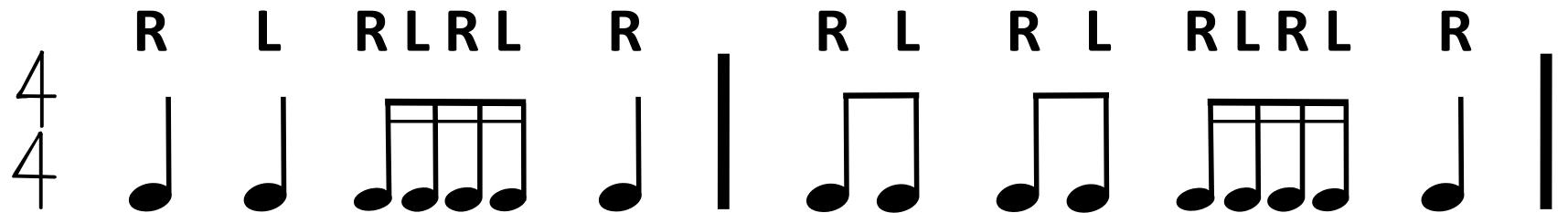


ta (shh!) titi ta titi titi tikatika ta

****NOTE: This starts SLOWWWWW! Then speeds up!**

KITCHEN DRUMMING KARATE

Level 7 – Black Belt



****NOTE: This starts SLOOOOOOW! Then speeds up!**