

KITCHEN DRUMMING KARATE



SPOONS, STRAWS,
HANDS, TABLES,
OH MY!

KITCHEN DRUMMING KARATE

Designed during the Coronavirus pandemic of 2020, this was originally planned as a method for families to teach rhythm and music at home. Ideally using wooden or metal spoons on a covered tabletop, spoons should first be held like drumsticks, starting with a thumbs up grip, before turning the spoons to a palms down position to play gently on a covered surface. As a reminder, elbows should not be used, drumming technique starts in the wrist, so elbows should be held at the sides of the body, with the arms bent at about a 90 degree angle to play (more or less depending on table height). If it is too loud, then change the implement, this can be done with straws, plastic utensils or even fingers! Finally, remember these can be played slowly or quickly, and you should always start slowly, to learn the piece, then if you want to play it quickly to show off your skills, so long as you can play accurately, do so!

When working through the levels, it always is best to start slow, and establish the steady beat prior to playing. I recommend practicing each belt by saying the beats first using “ta” language, although there are other variations, so I have included pages both with the “ta” language and without so that the young musician and their family can choose what is best for their circumstance. The beat can also be counted as well, patted using the correct hand on the lap or on either side of the table or surface you are using before finally picking up the utensils and playing on the table (or other surface). It has been my experience that drumming also works very well for introducing students to solo and small ensemble playing, as kids are eager to show off their drumming skills! If you have multiple students or family members, you do not need to play the same belt at the same time – all of the belt patterns are four measures in length so that you can practice any or all of them together at the same time – see how they sound, or if you have a super musician, see if they can tap two patterns in two hands (or feet, or whatever)!

Stacey

KITCHEN DRUMMING KARATE

♪ = TA

♪ = *QUARTER NOTE = 1 BEAT*

♪♪ = TI-TI

(PRONOUNCED TEE-TEE)

♪♪ = *TWO EIGHTH NOTES = 1 BEAT
OR 1/2 BEAT EACH)*

R = RIGHT

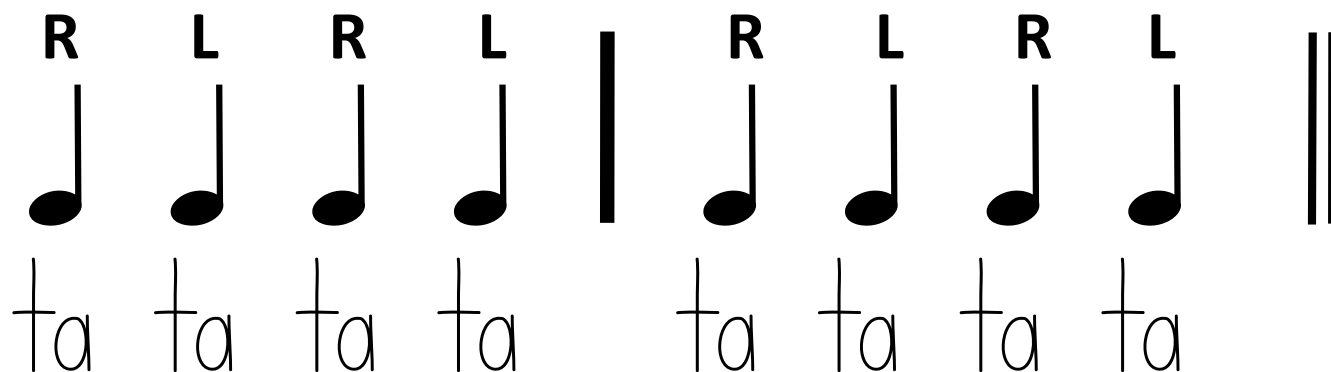
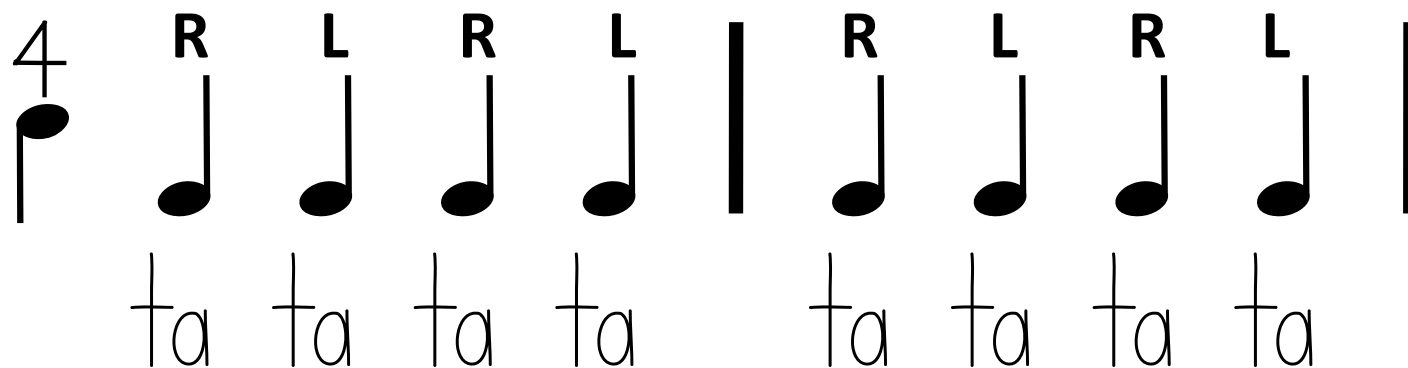
L = LEFT

(WHICH HAND TO USE)

**Note: For simplicity for the young musician and for their family who may be assisting them as they practice, I have chosen a simple right leading hand throughout this work.*

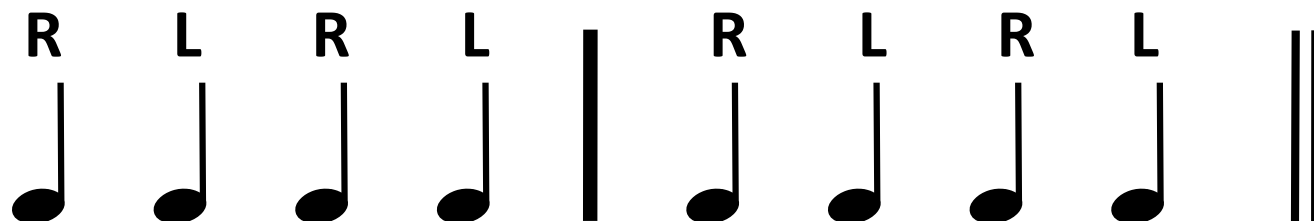
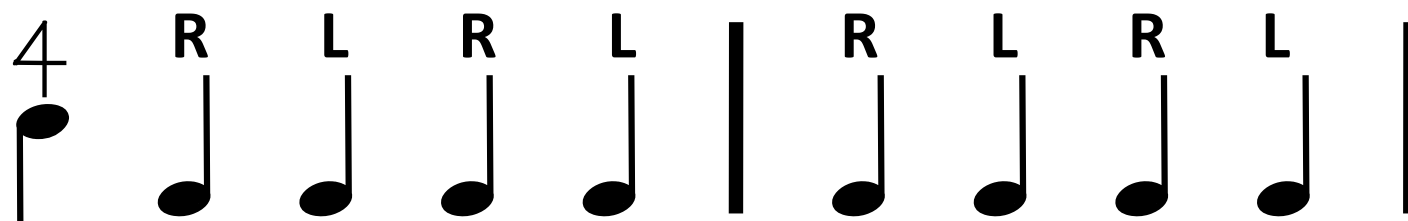
KITCHEN DRUMMING KARATE

Level 1 – White Belt



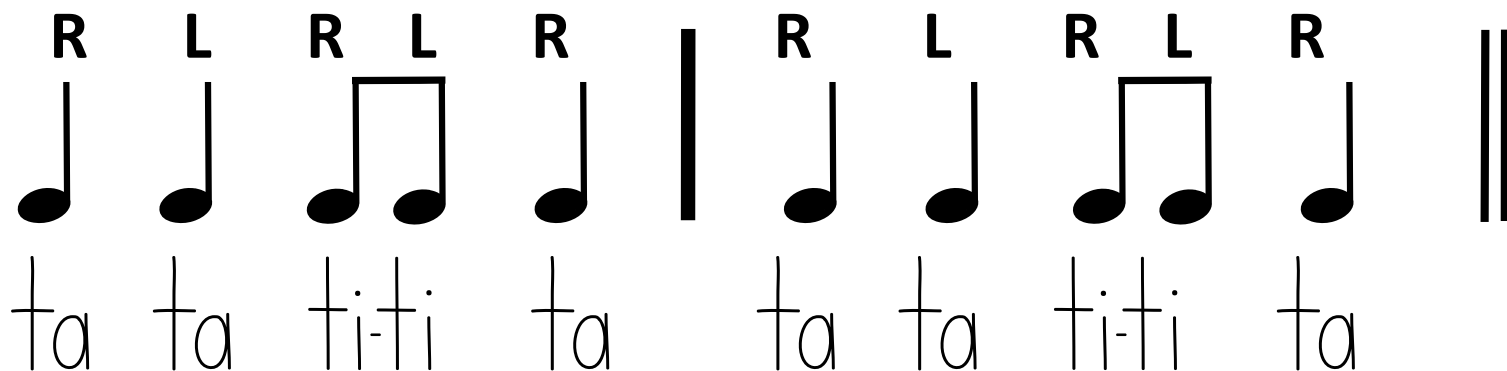
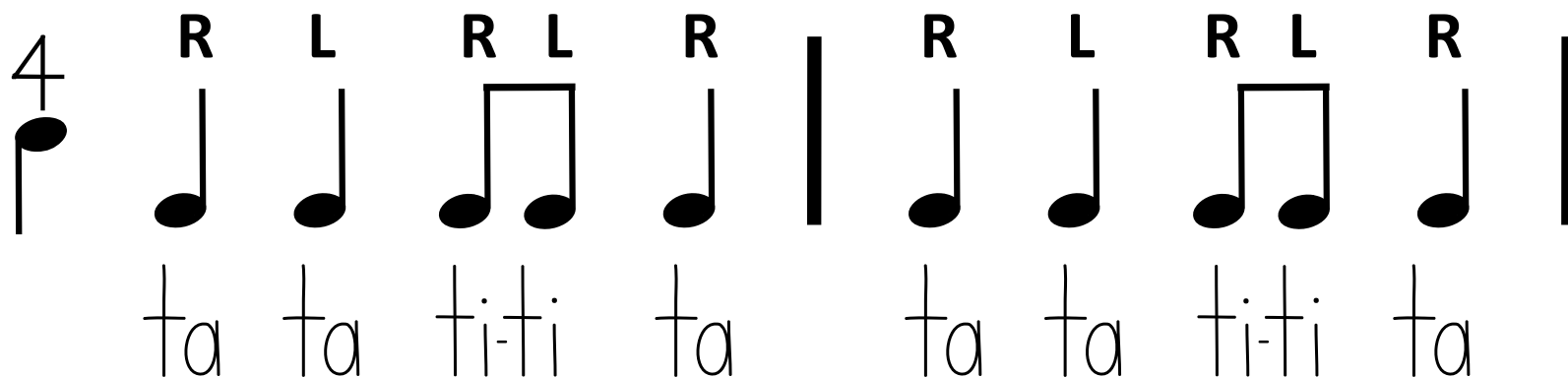
KITCHEN DRUMMING KARATE

Level 1 – White Belt



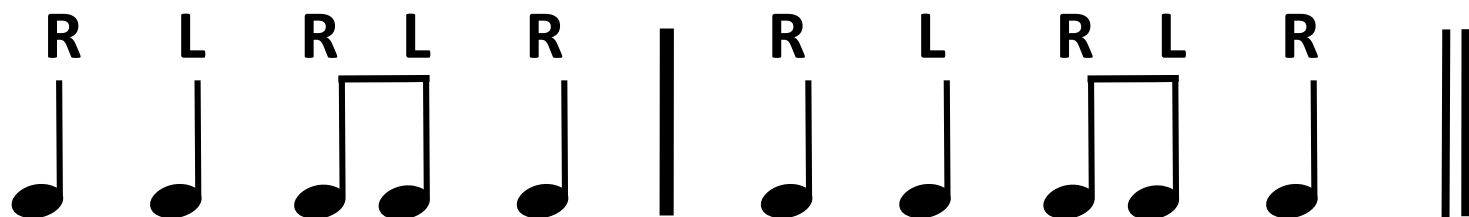
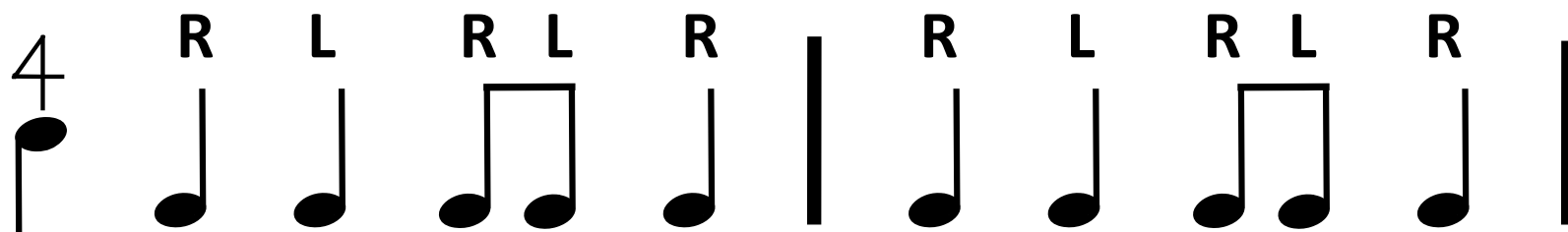
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Level 2 – Yellow Belt



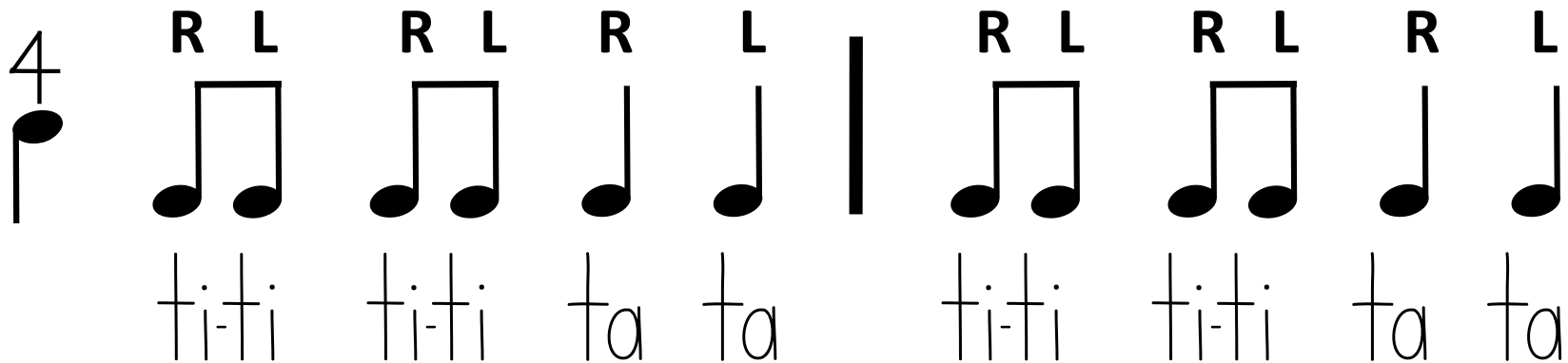
KITCHEN DRUMMING KARATE

Level 2 – Yellow Belt



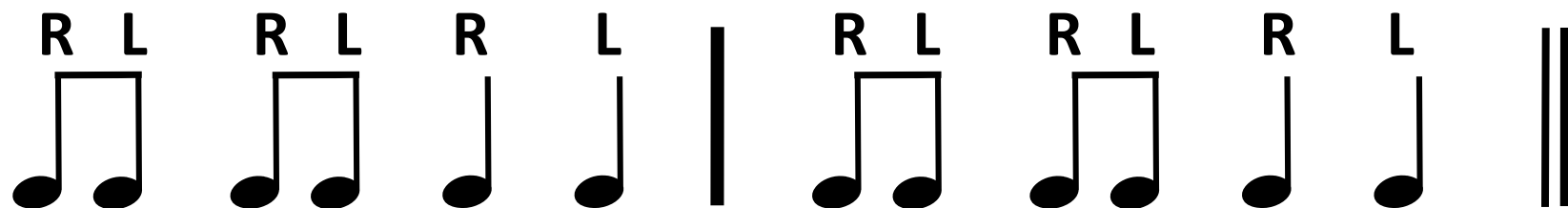
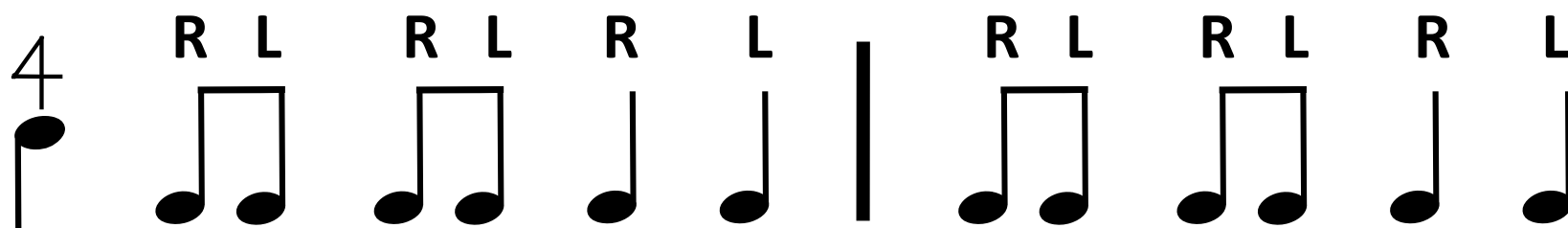
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Level 3 – Orange Belt



KITCHEN DRUMMING KARATE

Level 3 – Orange Belt



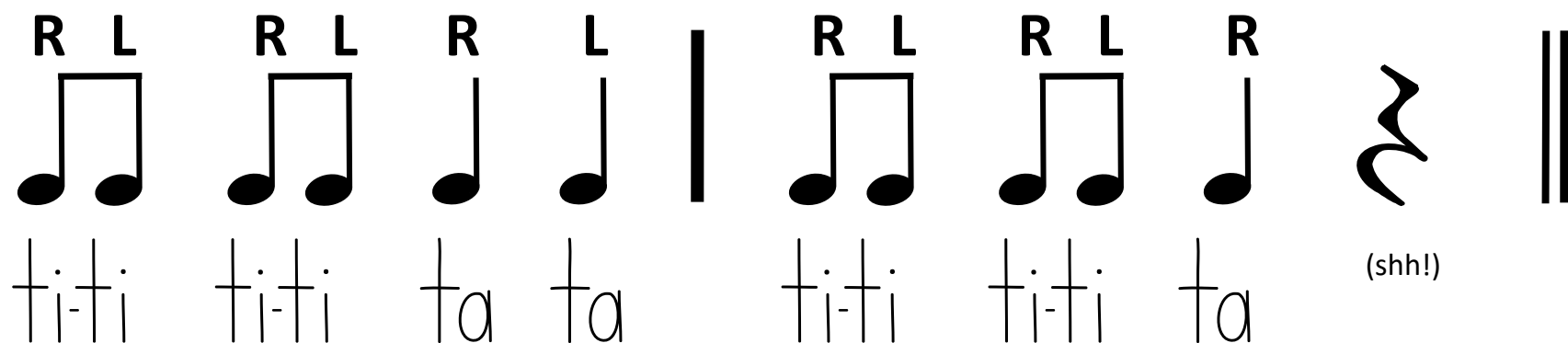
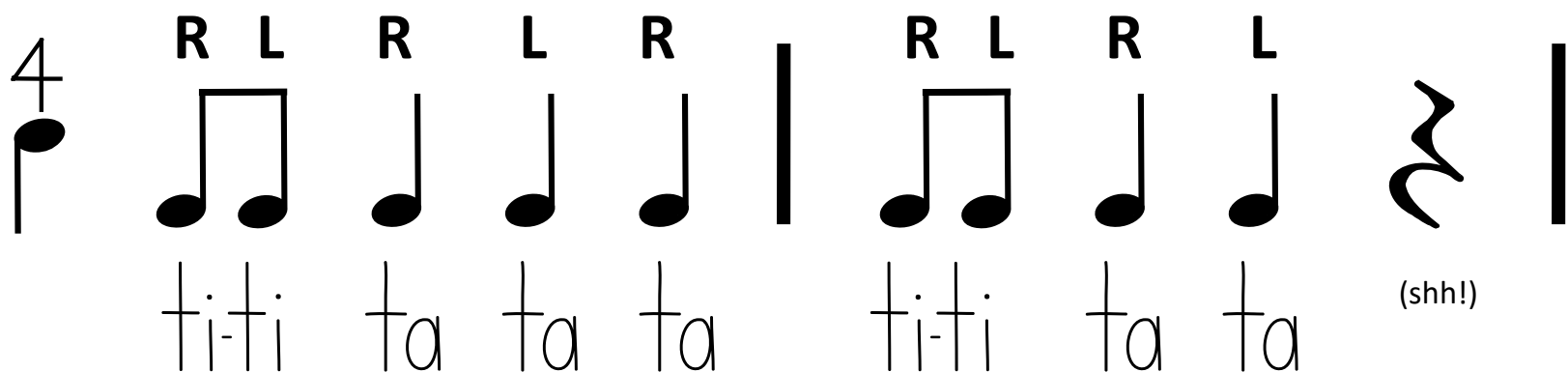
KITCHEN DRUMMING KARATE

ƶ = QUARTER NOTE REST

(SHH FOR 1 BEAT!)

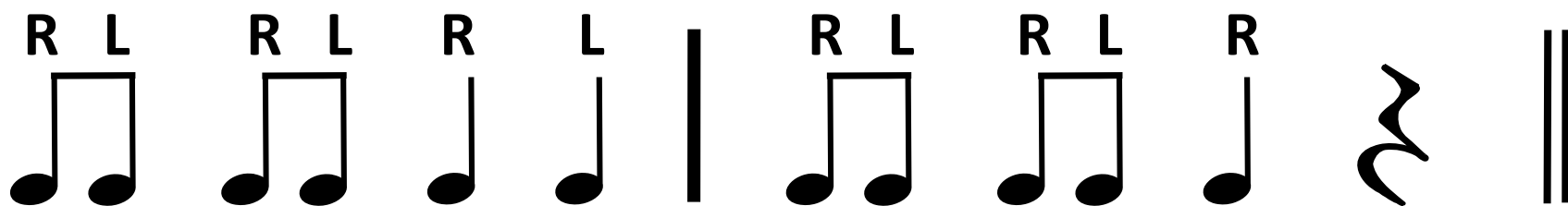
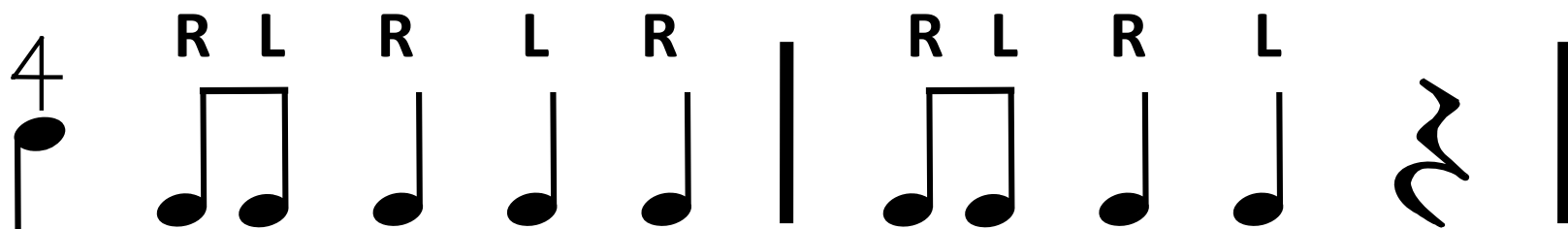
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Level 4 – Green Belt



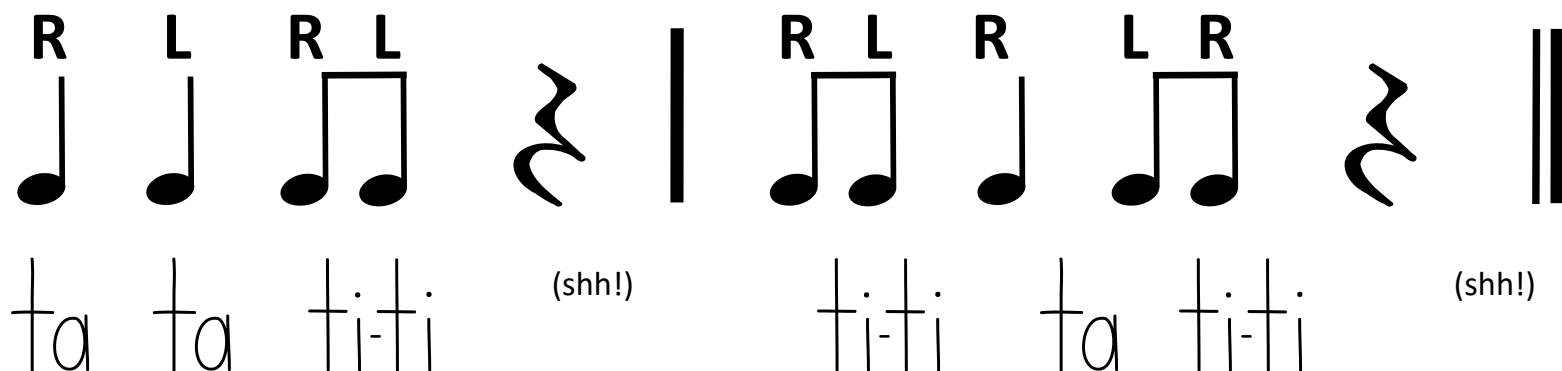
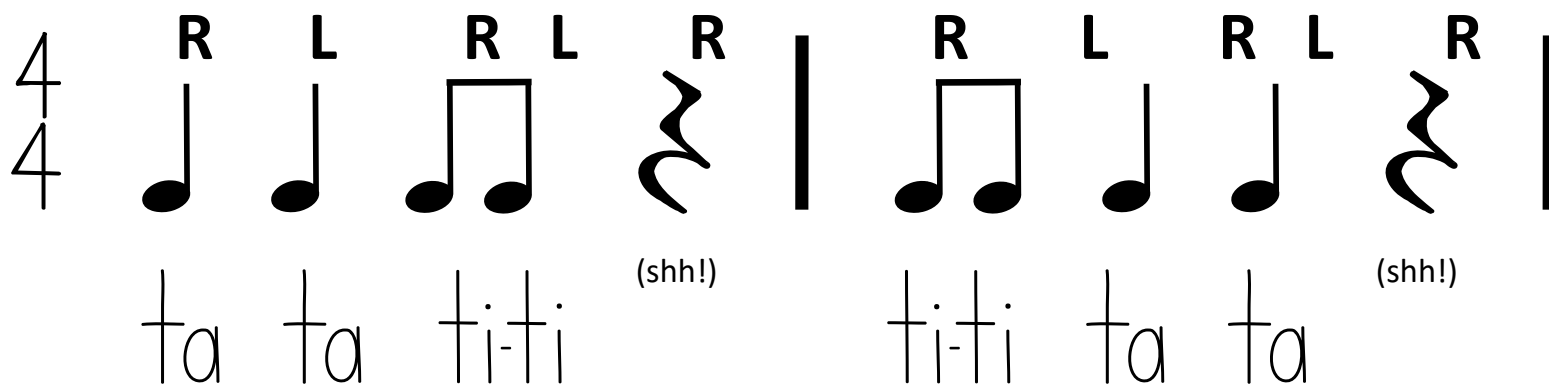
KITCHEN DRUMMING KARATE

Level 4 – Green Belt



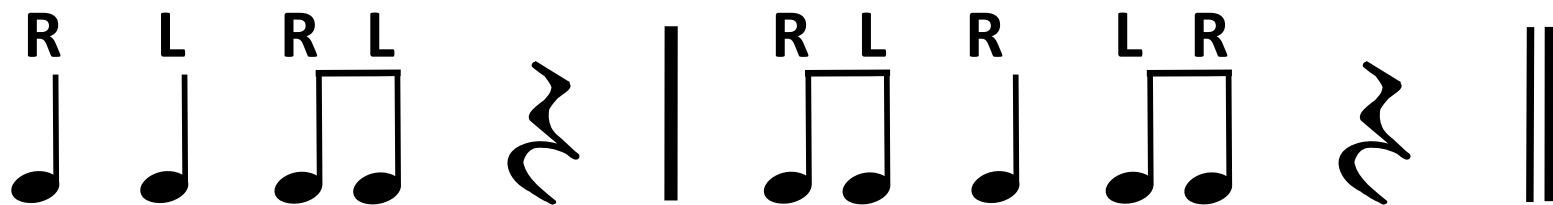
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Level 5 – Blue Belt



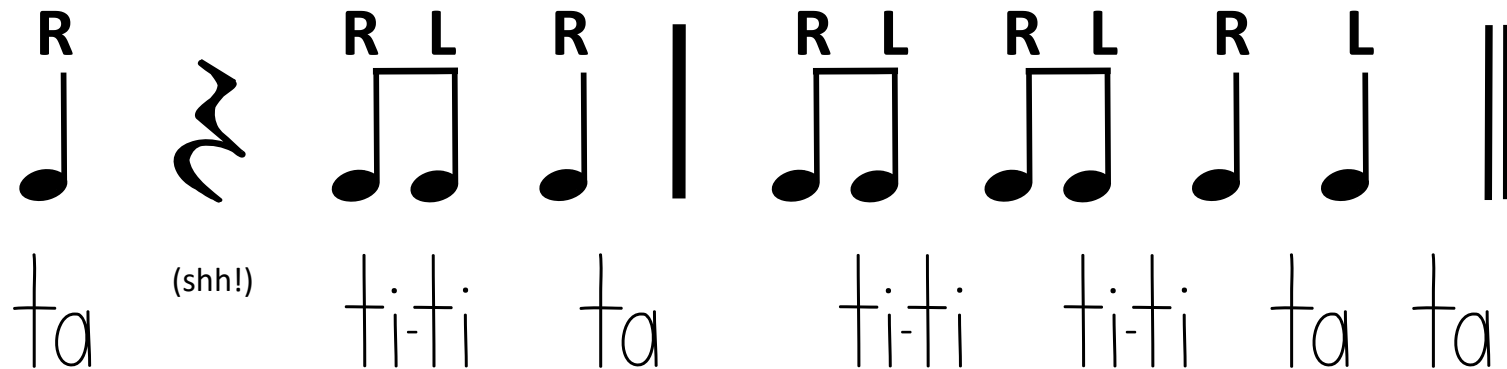
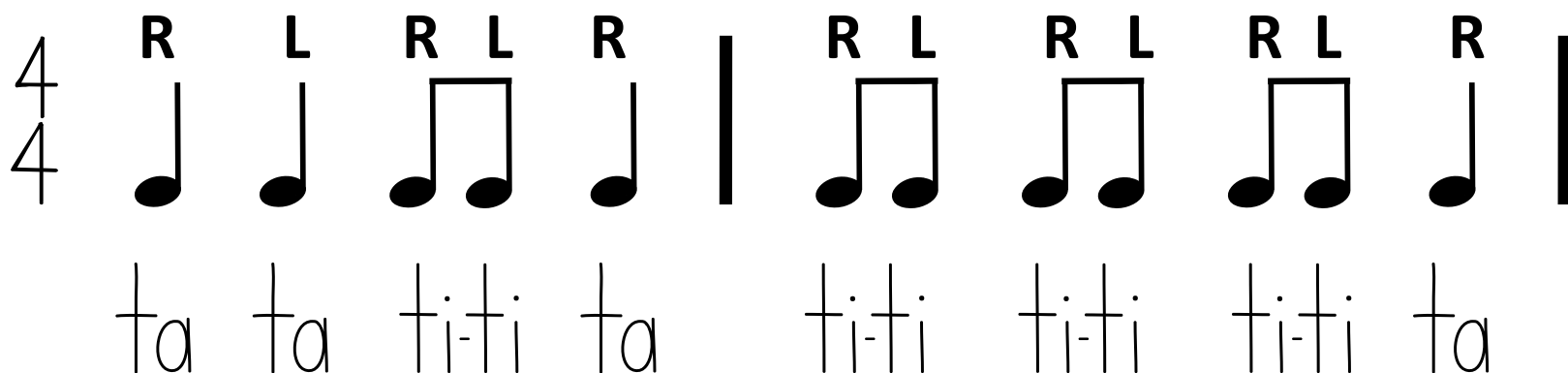
KITCHEN DRUMMING KARATE

Level 5 – Blue Belt



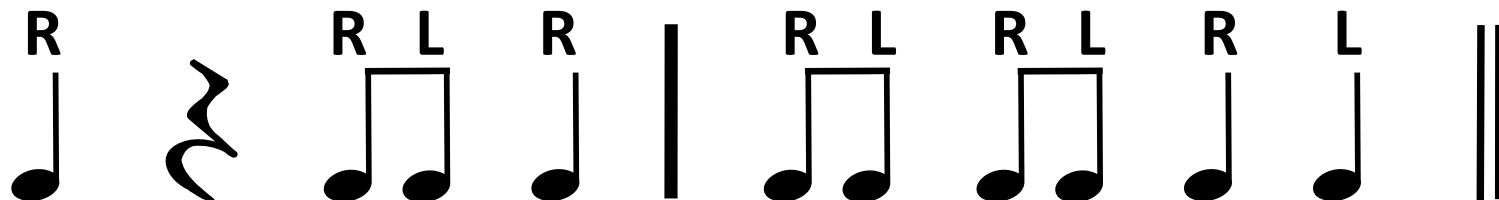
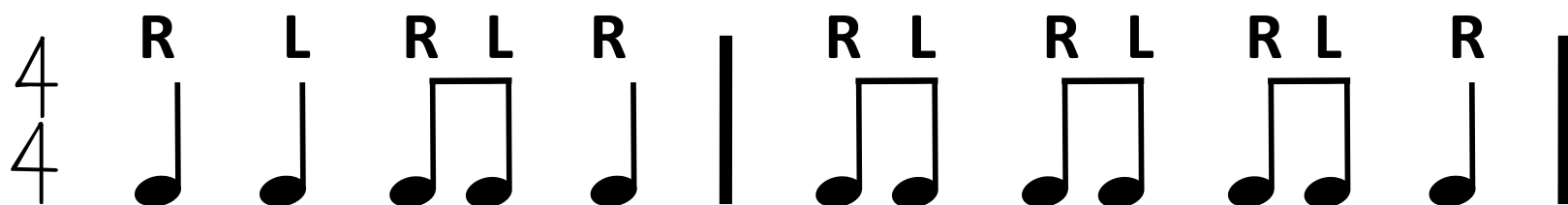
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Level 6 - Purple Belt



KITCHEN DRUMMING KARATE


Level 6 - Purple Belt



KITCHEN DRUMMING KARATE

 = *SIXTEENTH NOTES*

TIKA-TIKA (“*TICK-AH TICK-AH*”)

 = *1 BEAT*

OR 1/4 BEAT EACH

KITCHEN DRUMMING KARATE

Level 7 – Black Belt

4/4

R L RLRL R | R L R L RLRL R |

ta ta tika tika ta ti-ti ti-ti tika tika ta

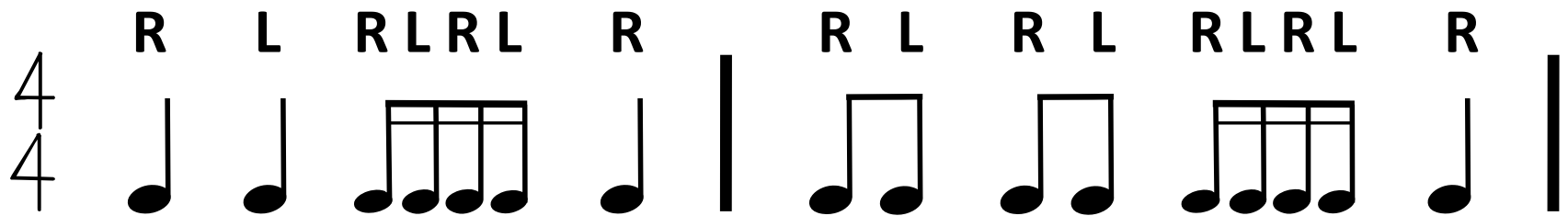
R R L R | R L R L RLRL R ||

ta (shh!) ti-ti ta ti-ti ti-ti tika tika ta

****NOTE: This starts SLOOOOOW! Then speeds up!**

KITCHEN DRUMMING KARATE

Level 7 – Black Belt



****NOTE: This starts SLOOOOOW! Then speeds up!**