







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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|---|---|--|--|---|
|  | <p>1</p> | <p>2</p> | <p>3 DISABILITY DISCLOSURE 10 AM - 12 PM</p> <hr/> <p>CUSTOMER SERVICE 1 PM - 3 PM</p> | <p>4</p> |
| <p>7</p> | <p>8</p>  | <p>9</p> | <p>10</p> | <p>11</p>  <p>INFO SESSION 12 PM - 1 PM</p> |
| <p>14 INTERVIEW SKILLS 101 10 AM - 12 PM</p> <hr/> <p>NAVIGATING JOB SEARCH 1 PM - 3 PM</p> | <p>15</p> | <p>16 LINKEDIN 101 10 AM - 12 PM</p> <hr/> <p>BRANDING YOURSELF FOR JOB SEARCH 1 PM - 3 PM</p> |  | <p>18</p> |
| <p>21</p> | <p>22 DISABILITY DISCLOSURE 10 AM - 12 PM</p> <hr/> <p>CUSTOMER SERVICE 1 PM - 3 PM</p> | <p>23</p> | <p>24 LINKEDIN 101 10 AM - 12 PM</p> <hr/> <p>NAVIGATING JOB SEARCH 1 PM - 3 PM</p> | <p>25</p> |
| <p>28</p>  | <p>29</p> | <p>30</p> <p>INTERVIEW SKILLS 101 10 AM - 12 PM</p> | <p>31</p> |  |

DESCRIPTIONS OF WORKSHOPS:

Branding Yourself for Job Search Learn how to put your "best self forward" by creating that positive first impression in your job search. This workshop offers participants self-reflection of how we present ourselves in the social media world, and the positive or negative effects to our employment prospects.

COAST Info Session Learn more about COAST. Serving the residents in the City of Hamilton who have serious mental health issues and are in crisis. Find out who can and how to access these services for yourself or someone you know in need.

Customer Service Learn how to enhance your skills by learning key principles of customer service. Learn how to apply 3 types of empathy, and de-escalation techniques. This workshop is for anyone in need of the basics skills best practice or a refresher.

Disability Disclosure This workshop covers the basics of when, how, and to whom one should disclose their disability to an employer. With opportunities to ask questions and discuss a variety of disclosure, participants will leave with a stronger understanding of what strategies will work for them.

Interview 101 Skills Learn, discuss, practice, and review what it takes to be successful when answering those tough interview questions in today's competitive market. This workshop will breakdown the elements to behavioral, situational and "tell me about yourself" questions and how to apply the S.T.A.R. model in preparation of your next interview.

LinkedIn 101 LinkedIn is a great platform for aspiring and experienced professionals to post their work experience, education, skills, and more. In this session learn how to create your LinkedIn profile, add new contacts, and also gain a better understanding of how to craft an eye catching summary.

Navigating Job Search in 2022 The Applicant Tracking Systems (ATS), hidden job market and your resume, these are your fast track tickets to employment. This workshop teaches effective strategies and introduction to online tools, ensuring your resume gets past Applicant Tracking System and securing an interview. Resume Writing tips & tricks for online job search.

JOB SEARCH SUPPORT - Are you out of school & out of work - book a FREE INTAKE with one of our Employment Coordinators - ready to help with your Job Search Journey!!!