



TRI-Rock Application Package

What is TRI-Rock?

TRI-Rock is an 18-week, full-time, paid employment-training program funded by Service Canada and run by Living Rock Ministries. It is geared to equip youth aged 18-30 with skills and training to sustain stable employment. The first 8 weeks, Phase I, is spent working and learning at Living Rock to develop life and employment skills. Phase II is a 10 week or 300 hour placement with a community employer to gain on-the-job experience in a field of interest.

Who is eligible?

To be eligible for TRI-Rock, applicants must be between the ages of 18-30 with limited work experience and not currently enrolled in school full-time. Participants must be able to commit to working full-time (30 hours per week) for the duration of the 18-week program. Participants must have a valid Social Insurance Number.

How do I apply?

Return a completed Application Form to:
Living Rock Ministries
30 Wilson Street
Hamilton, ON
Phone (905) 528-7625
Fax (905) 526-8723
www.livingrock.ca

**To learn more about TRI-Rock contact Living Rock Youth Centre at
(905) 528-7625 ext. 232, trirock@livingrock.ca.**



Application Form

Date: _____

Name: _____

Full Address: _____

Phone: _____ Email: _____

Date of Birth: _____ Age: _____ Gender: _____

Social Insurance Number: _____

Other forms of identification:

- Birth Certificate
- Health Card
- Driver's License
- Age of Majority
- Other: _____

1. How did you hear about TRI-Rock?

2. Do you have any previous work experience? Yes No
(list below or attach your resume)

3. What are some of your skills?

4. What skills do you hope to develop in TRI-Rock?

5. What kind of work are you hoping to find?



6. Are you able to commit to full-time work for 18 weeks? Yes No

7. How much education have you completed?

8. What are the challenges keeping you from working now?

9. What is your current income?

If on ODSP, please describe disability to the best of your ability.

Application Form

Please provide three references, either personal or professional.

Name: _____

Relationship: _____

Contact Info: _____

Name: _____

Relationship: _____

Contact Info: _____



Name: _____

Relationship: _____

Contact Info: _____

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