

#### **True Crime Meetup**

Share your favourite books, documentaries and podcasts.

**Tue Feb 22** 6:30pm

# **Ending the Financial Feud**

Learn about your partner's money values, triggers and goals.

Wed Feb 23 6pm

# **Ecoconscious Use of Digital Technology**

Learn how to reduce your carbon footprint from mouse clicks to web surfing.

Wed Feb 2 1pm

# Psychology Month Series

Help for a Loved One with Mental Illness
Tue Feb 1 10am

**Strategies for Coping** with Anxiety

Thu Feb 3 10am

Pillow Talk: Strategies for Managing Insomnia

Tue Feb 8 10am

Grief and Loss in the Era of COVID-19

**Thu Feb 10** 10am

Managing Mental Health in the Pandemic

**Tue Feb 15** 10am

Understanding and Managing Symptoms of Depression

Tue Feb 22 10am

# ADULT PROGRAMS

EBRUARY 2022



**Wed Feb 9** 11am *Homegoing* by Yaa Gyasi



## AUTHOR EVENTS

Asha Bromfield, Sarah Raughley and Liselle Sambury

Yolanda T. Marshall facilitates a panel discussion with prominent Black Canadian Young Adult authors.

Sat Feb 12 2pm











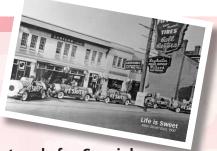
**Lawrence Hill** 

The Hamilton author discusses his new middle-grade book, *Beatrice* and *Croc Harry*. **Wed Feb 16** 7pm



Check out HPL's collections of local authors in our catalogue and OverDrive.

# Postcards for Special People Valentine's Theme



Pick up the latest design in our **Postcards for Special People** campaign. Pick up a free postcard at any HPL branch and send a message, and a drawing if you are so inclined, to someone special. Or, bring it back to any branch and we'll mail it to a long-term care home for you.

Details at hpl.ca/postcards.

More Adult Programs: hpl.ca/events





# **Noon Hour Concert Series**

Fridays 12pm

**Feb 4** – LTtheMonk (Voice) Jackie Washington Tribute

<u>Feb 11</u> – Luckystickz and Band (Steelpan, Bass, Drums, Guitar, Voice)

**Feb 18** – Angela Nethersole (Guitar, Keyboards, Voice) Jackie Washington Tribute

**Feb 25** – Mohawk College Presents: Rheannen Mclelland, vocals; Spencer Mackenzie, guitar; Sean De Pledge, bass; Diana Herrera Castillo, drums and Remmington Keena, keyboard



#### Talk and Tea

#### Classical Era

A music appreciation talk. **Feb 1** 10am-10pm

#### **Romantic Era**

A music appreciation talk. **Feb 15** 10am-10pm

# Reflections from Russia

HPO's strings perform Cold War era compositions.

Feb 22 10am-10pm

Newcomer Learning Centre

# **English Conversation Circles**

Practise speaking English in a small group, online.

Tuesdays 3pm Feb 1, 8, 15 and 22

Thursdays 3pm Feb 3, 10, 17 and 24



# Tax Information for Newcomers

Learn how to apply for benefits and credits.

Wed Feb 16 3pm



# TECH PROGRAMS

#### **Create a Podcast**

Learn about equipment, software and distribution.

Sat Feb 5 10am

#### **Social Networks**

Mondays 1pm

Understanding algorithms and their impacts <u>Feb 7</u>

Responsible use Feb 14

#### **How to Film a Video**

Learn the basics using a smartphone.

**Sat Feb 19** 10am

#### **3D Design Intro**

**Thu Feb 24** 2pm

# Online Security Tips and Tricks

Mon Feb 28 1pm

## **OLDER ADULT PROGRAMS**



## **Colour, Craft and Chat**

Tuesdays 2:30pm

**Feb 1** and **15** 

## **Young at Heart**

**Tuesdays** 10:30am Connect online with others age 55 and older for fun and games.

Feb 1, 8, 15 and 22

#### **Cross Stitch Club**

Tuesdays 1:30pm

Feb 1, 8, 15 and 22





More Older Adult Programs: hpl.ca/events

## TEEN PROGRAMS - FEBRUARY 2022



## **Suiting Up for Grade 9 Math**

Wednesdays 5:30pm Grade 9 preparation for students in Grades 7-9. Register with frontiercollege.ca.

## **Secrets to** Scholarship Writing

Learn how to find and apply for post-secondary scholarships.

Wed Feb 16 4pm

#### **Homework Help**

**Tuesdays** and **Thursdays** 4-6pm. For students in Grades 7-12. Visit **frontiercollege.ca**.



#### **For Students**

Real-time help with homework, feedback on essays and skill building for all ages.

#### **For Job Seekers**

Resumé review, online coaching and career advice.

More Teen Programs: hpl.ca/events



## CHILDREN'S PROGRAMS - FEBRUARY 2022

#### **Storytime**

Thursdays All Day at HPL.ca/ storytime. Watch anytime on HPL's **Storytime** and **Puppet Shows** Playlist

on YouTube



## **Family Storytime** Hedgehog Feb 3

**Puppet Show** 

How to be a Groundhog Feb 10

## **Songs and Rhymes**

Snowflake Feb 17

## **Family Day Puppet Show**

Goldilocks and the Three Bears Feb 21

#### ABCs-123s

Nature Vocabulary Feb 24

## **Learning Together** Virtually

Wednesdays 4:30pm and Saturdays 10am

Online learning activities for Grades 2-5. Register with Frontier College.

#### **Virtual Reading Buddies**

Saturdays 10am

Online reading help for Grades 2-4. Register with **Frontier** College.

#### **Mathmania**

Mondays 4pm

Online math help for students in Grades 4-6. Register with Frontier College.

#### Code Club Module 1

Mondays 4pm

Learn to code using Scratch. Feb 7, 14, 21 and 28

#### **Minecraft Adventures**

Build, explore and collaborate with Minecraft Education Edition.

Web Feb 9 4pm



Chat about your favourite titles, discover new ones and meet friends in this online program.

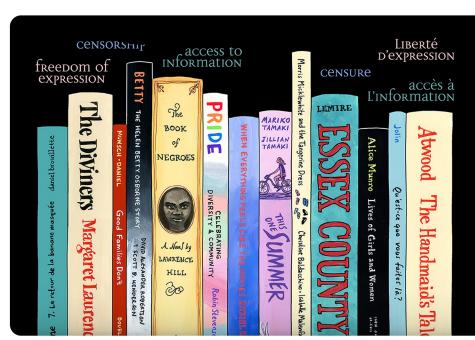
Wed Feb 16 4pm



## **Learning Resources**

Online tools for all ages at hpl.ca/learning-at-hpl.





freedom to read week

hpl.ca/ftrw

February 20-26 février 2022

**Protecting Access and Expression.** 

Learn About the History, Challenges, Censorship and Activism.



