

Discover workshops are made to help people who are just getting started with digital technology. They focus on the most basic skills of using the internet.



Discover Online Basics covers things like visiting websites, using search engines and using voice assistants like Siri or Alexa.

Discover Online Safety covers topics including making strong passwords, downloading apps safely, and avoiding online scams.



Explore workshops are made to help people who are already using digital technology get more out of it. They focus on building your confidence and broadening your horizons.

Explore Online Basics covers navigating websites, setting up accounts and filling out forms, and finding essential services online.

Explore Online Privacy looks at safe use of social networks, using privacy settings, and making good decisions about sharing other people's photos online.

Explore Online Shopping and
Entertainment covers buying and
returning things online, spotting
reliable sellers, and finding free music
and video content.

Explore Digital Parenting looks at managing kids' screen time, helping to keep your kids safe online, and setting household internet rules.



Navigate workshops are made for active internet users who are running into new challenges online. They focus on helping you be a smart and safe internet user.

Navigate Online Information covers advanced search skills, how to choose different online sources of information for different needs, and how to verify information you see online.

Navigate Online Privacy and Security looks at how to secure your accounts and devices, how to keep your devices safe from malware, and how to prevent and deal with cyberstalking.









DIGTIAL SMARTS – January - March 2022 Digital Literacy Workshops on Zoom Wednesdays at 2:00pm - 3:30pm

Getting Connected & Chatting Online DATE January 19, 2022 TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

- ✓ Learn how to connect your device online Laptop, cell phones, iPad
- √ How to use Video Chat Zoom and other online communication services
- ✓ Online safety
- √ What to share and what not to share online

1. Discover Online Basics DATE January 26, 2022 TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

- ✓ Learn about visiting websites
- √ How to use search engines
- √ How to use voice-operated search
- √ Learn to use voice assistants

2. Discover Online Safety DATE February 2, 2022 TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

- √ Learn about making strong passwords
- ✓ Learn about internet safety, identity theft and malware
- √ How to download new apps safely
- ✓ Learn to spot the signs of phishing and online scams

3. Explore Online Basics DATE February 9, 2022 TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

√ Learn how to navigate websites

- √ Learn about setting up accounts and filling out forms
- √ How to find essential services online

4. Explore Digital Parenting DATE February 16, 2022 TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

- √ Learn the various activities that kids love to do online
- √ Learn the best ways to keep your kids/grandkids safe online
- √ Help parents set household internet rules

5. Explore Online Privacy DATE February 23, 2022 TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

- √ Learn how to protect your Privacy Online
- √ How to use privacy settings like Incognito or Private Browsing mode
- **√** How to set your Privacy in social media platforms like Facebook
- ✓ Decide and make good decisions about sharing online in social media Platforms

6. Explore Online Shopping & Entertainment DATE March 2, 2022 TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

- √ Learn to buy things online
- √ How to spot a reliable seller
- √ How to return things you bought online
- ✓ Learn the difference between Streaming & Downloading Entertainment online

7. Navigate Online Information

DATE March 9, 2022

TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

- √ Find Good Information on different Search engines
- √ Judge information you see on Social Networks and YouTube
- √ Use different online information sources like Wikipedia
- √ Choose the best source for different kinds of information.

8. Navigate Online Privacy and Security DATE March 16, 2022 TIME 2:00pm - 3:30pm

Meeting ID: 869 6889 2218 Password: 076085

https://us02web.zoom.us/j/86968892218?pwd=MEdyTXNadGlmaVoyUGdrKzlKSnd6dz09

- √ Learn how to secure your accounts and devices
- √ How to keep your devices safe from malware
- √ How to prevent and deal with cyberstalking

For More Information:
Digital Smarts Coordinator for YWCA Hamilton
Rhiannon Agostinho-Cleary ragostinho-cleary@ywcahamilton.org

YWCA Hamilton Active Living Centre 55+ Supervisor Robin Mech rmech@ywcahamilton.org





