

# **Life Skill and Leisure Learning by Penny & Katy**

Theme: Weather Week of May 4 - 8

Hello Glenwood friends! We hope everyone is doing well and we miss you very much. Our theme this week is **weather**. This is a great time of year for weather watching as we get such changing weather! We have included a wide range of activities and tasks, so hopefully there is something for everyone. When you have the time, choose a couple that you feel would be engaging for your child.

Stories	Songs	Leisure	Lifeskills	Videos	Something Special
"The Rain Came Down"	"Sun, Rain,	Circle Time	Dressing:	Peep & The Big	Super Science:
https://www.youtube.co	Wind &	Being together even	Are you dressed to jump in the puddles?	Wide World -	Make it Rain:
m/watch?v=MV8snbVhXK	Snow"	though we are apart	https://www.youtube.com/watch?v=7CBUxr	Stormy Weather	https://youtu.be/x4
<u>U</u>	https://yout	Link for Weather Circle	sQv4k	https://youtu.be/	GePPTUAjI
_	u.be/tfAB4B	Time		7Li59FFilYQ	-
"National Geographic	XSHOA		What do you need to wear in the rain?		Make a Tornado in a
Kids – Weather"		Weather Sounds:	Link for video:	Berenstain Bears-	Jar:
https://www.youtube.co		https://tv.commons.hw	https://tv.commons.hwdsb.on.ca/media/get	Bears for all	https://youtu.be/cU
m/watch?v=bbEbF6zsbUo		dsb.on.ca/media/weath	ting-dressed-for-the-rain/	Seasons	7jUx5Mvx0
	Body Break:	er-sounds/		https://youtu.be/	
	"Drip Drop	*See pages below for	Life Skill Jobs:	AO4kqbXswdI	<u>Mindfulness</u>
Literacy Ideas:	Rain Dance"	<b>Board Maker Weather</b>	Using vinegar and water in a spray		Rainbow Breath
	https://yout	Visuals that students	bottle, help to clean tables, counters and		https://youtu.be/O2
Talk about:	u.be/3WIF98	can use to identify the	windows. See video links below		9e4rRMrV4
What do you like to	ss2Tw	weather	https://tv.commons.hwdsb.on.ca/media/wi		
do when it's raining?			ping-surfaces/		Numeracy
<ul> <li>What do you like to</li> </ul>		Rain Cloud Craft:			Extensions:
do when it's sunny?		Link:	https://tv.commons.hwdsb.on.ca/media/cl		
		https://tv.commons.hw	eaning-windows/		For the month of
Literacy Extensions:		dsb.on.ca/media/rain-			May, use a calendar
<ul> <li>Draw pictures to show</li> </ul>		cloud-craft/			to record the daily
what you like to do in		Or see below pages for	Cooking:		weather (i.e. sunny
different types of		written instructions			& warm)
weather and write or			Chocolate Chip Cookie Recipe for a Rainy		At the end of the
dictate a sentence to		Computer Game:	Day Link:		month, count the
describe each picture.		"Dress for the Weather"	https://youtu.be/GdQY6BW053c		days that have each
		https://www.abcya.com			type of weather (i.e.
<ul> <li>Weather Words Work</li> </ul>		/games/dress_for_the_	Best Gluten Free Chocolate Chip Cookies:		12 sunny, 6 rainy, 10
Sheet (find this in pages		<u>weather</u>	https://meaningfuleats.com/the-best-		cool, etc.)
below)			gluten-free-chocolate-chip-cookies/#wprm-		
			recipe-container-14008		



What activities did you try with your child? Did your child prefer one of the activities?

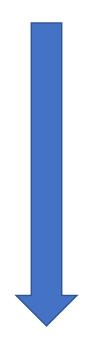
On scale of 1 to 5, how engaged was your child in the task? (with one being no interest/refusal to engage to five being extremely interested and full participation with appropriate levels of support)

Do you feel you have access to appropriate leisure type materials for your child at home. Do you have any suggestions to improve this?

If you have any questions about these activities,

please contact Katy at kgurman@hwsdb.on.ca or Penny at pparry@hwdsb.on.ca

# See below pages for weather visuals, weather word pages, written instructions for craft & printed recipes

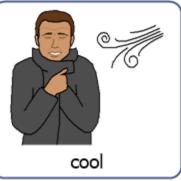












# Weather Words Spelling Worksheet





<u>sunny ----</u>



<u>snow----</u>





<u>cloudy ----</u>

# Written instructions for Rain Cloud Craft

## What you'll need:

- White paper
- Crayons, markers or pencil crayons
- Scissors
- Glue
- Cotton balls
- Thin cardboard or construction paper
- Pencil
- String or yarn
- Tape
- Hole punch

#### Instructions

- Cut a big cloud shape out of thin cardboard or construction paper.
- Use a hole punch to punch four holes in the bottom of the cloud.
- Cut four pieces of string and tie a piece of string to each hole. The raindrops will hang down from these strings and it's easier to do this step now instead of when it's covered with cotton balls.
- Cover the cardboard with white glue and stick on the cotton balls until the whole surface is covered.
- Set it aside to dry.
- Draw 4 raindrops onto white paper.
- Colour them in with crayons, markers or pencil crayons.
- Cut out each raindrop.
- Tape the raindrops to the strings hanging off the cloud.
- Hang your finished craft in the window.

# **Chocolate Chip Cookie Recipe For a Rainy Day (from Casual Food)**

https://www.youtube.com/watch?v=GdQY6BW053c&feature=youtu.be

### Ingredients:

- 2 1/4 cups of flour
- 2 tbsp of milk
- 1 cup chocolate chips
- 2 eggs
- 2 sticks of butter (16 tbsp)
- 1/4 cup light brown sugar or dark brown sugar
- 2/3 cup granulated sugar
- 1 tsp of vanilla extract
- 1 tsp of baking soda
- 1/4 tsp of cinnamon (Optional)
- 1/2 tsp of salt

#### Directions:

Preheat oven to 325 degrees Fahrenheit.

Start out by melting the butter and letting cool down. Mix all the dry ingredients and set aside. Mix the melted butter and sugar together. Add each egg one by one. Add the dry ingredients.

Last, but not least add the chocolate chips!! Place In freezer for 20 min or leave in refrigerator for 30 min.

The cookies should be ready in about 11-14 minutes. It all depends on your oven!! Thank you and enjoy!

# **Best Gluten Free Chocolate Chip Cookies (from Meaningful Eats)**

https://meaningfuleats.com/the-best-gluten-free-chocolate-chip-cookies/#wprm-recipe-container-14008

### **Ingredients:**

- 1 stick butter, 1/2 cup
- 1 tablespoon milk, or almond milk
- 3/4 cup brown sugar
- 1/4 cup white sugar
- 1 egg
- 2 teaspoons vanilla
- 1 1/3 cups gluten-free all-purpose flour (I highly recommend this brand for best results be sure to get one that contains xanthan gum), 7.5 ounces
- 1/4 cup almond flour, 1 ounce
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup chocolate chips

Sea salt for sprinkling, optional

#### Directions:

chips.

In a medium bowl, whisk together the gluten-free flour, almond flour, baking soda and salt until evenly combined. Set aside.

Melt butter in a saucepan over medium heat. Once the butter is melted start to whisk constantly. First the butter will begin to foam, then after a couple of minutes it will begin to brown on the bottom of the saucepan. Turn off the heat as soon as the solids turn brown and the butter gives off a nutty aroma. Pour into a glass mixing bowl to prevent burning. Add the milk, brown sugar and white sugar. Whisk to combine. Add the egg and vanilla and

whisk until smooth and creamy.
Using a rubber spatula, mix in the dry ingredients until well combined. Stir in the chocolate

Cover the bowl and let sit for 30 minutes. Preheat the oven to 350F. Scoop the cookie dough (about 2 Tablespoons of dough per cookie) and place a few inches apart on the baking sheets. Bake for 10-12 minutes, until golden and the center is set.

Let cool 5 minutes then transfer to a wire rack to continue cooling. Enjoy!